



**PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE BACHELOR OF ARTS
IN COUNSELING PSYCHOLOGY**

**JANUARY-APRIL 2021 SEMESTER
COURSE CODE: COU2113
COURSE TITLE: INTRODUCTION TO PSYCHODYNAMIC THEORIES
EXAM DATE: 12TH APRIL 2021
DURATION: 3 HOURS
TIME: 8.00 A.M**

INSTRUCTIONS:

- Read the instructions and questions carefully before you write the answers.
- This Exam has TWO SECTIONS.
- **SECTION A** is Compulsory.
- Answer any **TWO** questions in **SECTION B**

SECTION A : COMPULSORY (20 MARKS)

QUESTION ONE

- a) Describe two basic concepts of Adler's individual psychology. (4 Marks)
- b) Explain how you would offer therapy to a client while using the Jungian theory. (4 Marks)
- c) Outline two basic needs that must be met in order for a person to develop fully as identified by Erich Fromm. (4 Marks)
- d) Analyze any two psychosocial stages of development and the particular ego strength that develops in that stage. (4 Marks)
- e) Discuss two human agency measures of control as advanced by Albert Bandura. (4 Marks)

SECTION B : ANSWER ANY TWO (2) QUESTIONS

QUESTION TWO

- a) Analyze any two stages of personality development and their focus as theorized by Sullivan. (4 Marks)
- b) Discuss any three psychosexual stages of development and possible result of fixation for each stage. (6 Marks)

QUESTION THREE

- a) Discuss two archetypes and indicate how they affect personality. (4 Marks)
- b) Describe three mental mechanisms used by infants in Melanie Klein's Object Relations theory. (6 Marks)

QUESTION FOUR

- a) Discuss two neurotic trends identified by Horney in Psychoanalytic Social theory. (4 Marks)
- b) Explain three security operations that individuals employ in order to reduce anxiety and enhance security in Interpsychic theory by Harry Stack. (6 Marks)

QUESTION FIVE

- a) Outline one goal of psychotherapy. (2 Marks)
- b) Explain two dimensions of personality in Biological Trait theory. (4 Marks)
- c) Describe three id-ego interactions in which children decrease their dependence on external controls as described by Anna Freud. (6 Marks)