



**SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF MAY-JULY 2019 SEMESTER EXAMINATION
IN COUNSELLING PSYCHOLOGY**

**CAMPUS: ROYSAMBU EVENING CLASS
DEPARTMENT: PSYCHOLOGY
COURSE TITLE: PSYCHODYNAMIC PERSONALITY THEORIES
COURSE CODE: COU 2113
DURATION: 5.30 - 7.30 P.M.
EXAM DATE: AUGUST 8, 2019**

INSTRUCTIONS

Read the instructions and questions carefully before you write the answers.
Write your **STUDENT NUMBER** in the Answer Booklet given.

SECTION ONE IS COMPULSORY.

ATTEMPT ANY THREE MORE QUESTIONS FROM SECTION TWO.

Write clearly and legibly.

ALL PAC University's examination rules and regulations apply.

SECTION ONE– COMPULSORY (40 Marks)

1. (a) Define the following terms:

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|-----------------|---------|
| (i) Psyche | (2mks) |
| (ii) Insight | (2mks) |
| (iii) Archetype | (2 mks) |
| (iv) Life style | (2 mks) |
| (v) Personality | (2 mks) |

(b) Using one example, explain the nature of the following in relation to human behaviour.

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|--------------------|---------|
| (i) Anxiety | (3 mks) |
| (ii) Private logic | (3 mks) |
| (iii) Life task | (3 mks) |
| (iv) Shadow | (3 mks) |

(c) (i) Describe how psychodynamic theorists view development of human behaviour.

(4mks)

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| (ii) Express the nature of psychic energy by Jung. | (4 mks) |
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- (iv) In one paragraph, discuss Horney's view of child development and social limitation. (4

mks)

- (d) Mrs Wayne is a member of your church community. She has consulted with you for help. She reveals that she has been suffering mood swings, experiences a lot of bitterness and anger towards her family. After death of her mother when she was only 3 years old, her father married another wife. Her step-mother was a very violent person who expressed negative attitude towards her. She confides that every small mistake attracted beatings and verbal abuse. When she married Mr. Wayne, she thought he was the best person she had ever met. Unfortunately, their relationship changed and Mr. Wayne started complaining about her verbal outbursts as well as negative view of everything and everybody in her life. Mr. Wayne has threatened to seek a divorce and custody of their two children.

Using Freud's psychoanalysis theory:

- (i) Explain any two psychoanalytic themes that you would explore with Mrs. Wayne. (4mks) (ii)
Identify any two goals of psychoanalytic therapy. (2mks)

SECTION TWO – CHOOSE ANY THREE QUESTIONS

2. (a) (i) Describe anxiety in relation to greed and envy in object relations theory. (4 mks)
- (ii) Discuss nature of life and death instinct by Freud. (4 mks)
- (iii) Illustrate any two advantages of feminism to your society. (4mks)
- (iv) Identify any two goals of Adlerian therapy. (2 mks)
- (b) Outline any three behaviours that can be manifested by someone who is experiencing:
- (i) Disorganized attachment. (3 mks)
- (ii) Psychosis. (3 mks)
3. (a) (i) According to Karen Horney, basic anxiety is a result of basic social evils. Justify this statement with an example. (4 mks)
- (ii) Outline any two kind of behaviours manifested by a person who did not negotiate successfully the tasks of psychosexual development in life. (2mks)
- (iii) With two examples, explain what secure attachment is. (6mks)
- (iv) Describe nature of persona in relation to gender roles. (2 mks)
- (b) Examine any three characteristics of the following factors in human behaviour.
- (i) Superego (3 mks)
- (ii) id (3 mks)

4. (a) Analyze:
- (i) Any two goals of object relations therapy. (4 mks)
 - (ii) View of human nature by attachment therapists. (4 mks)
 - (iii) Any two behaviours that are likely to be demonstrated by a person who is experiencing anxious attachment with primary caregiver. (4 mks)
 - (iv) The nature of pleasure principle in human behaviour. (2 mks)
- (b) (i) Explain the relationship between social interest and mental health. (4 mks)
- (ii) Outline any two goals of psychosocial therapy. (2 mks)
5. (a) Differentiate between:
- (i) Introvert and extrovert personality. (4 mks)
 - (ii) Anima and animus. (4 mks)
 - (iii) Personal unconsciousness and collective unconsciousness. (4 mks)
 - (iv) Idealized self image and self. (4 mks)
- (b) With four examples, indicate the importance of this course to a counseling student. (4 mks)