



PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE DEGREE OF MASTERS
OF ARTS IN MARRIAGE AND FAMILY THERAPY
MAY-AUGUST 2020

CAMPUS: ONLINE

DEPARTMENT: PSYCHOLOGY

COURSE CODE: MFT505

COURSE TITLE: PSYCHOPATHOLOGY AND FAMILY

EXAM DATE: 18th August

TIME: 2.30-5.30

INSTRUCTIONS

- Write your **student number** on the answer booklet provided.
- Read the questions carefully before attempting.
- This Exam accounts for thirty (30) per cent of your total grading. The exam will be marked out of **50** and then worked out of **30**.
- The Exam has two sections – Section A and B.
- Section A has a compulsory question that carries **Twenty (20)** marks. Attempt all the sections.
- Section B has **five (5)** questions, each carrying **Ten (10)** marks. You are required to answer any **three (3)**.
- Only the first **three** questions from section B attempted on your answer booklet will be marked. If you do not wish that to happen, cancel any answers you do not wish marked.

ALL PAC University's examination rules and regulations apply

SECTION A: ATTEMPT ALL THE SECTIONS OF THIS QUESTION. TOTAL MARKS TWENTY (20).

1. From your interaction with the course:
 - a) Explain in a paragraph each, two ways that the DSM 5 as a diagnostic tool would facilitate you as a therapist, to offer effective therapy to their clients. 6 marks
 - b) Discuss three resources unveiled by family history useful in understanding the etiology of mental disorder in a client. 6 marks
 - c) Describe four effective aspects of clients' history you would seek to unravel in your quest to find the root of their pathology. 8 marks

PART B: ANSWER ANY THREE QUESTIONS FROM THIS SECTION. EACH QUESTION CARRIES 10 MARKS.

2. You have been brought a client that you have finally confirmed to have Bipolar disorders
 - a) Describe the initial intervention that you would deem suitable for the support of the client. 4 marks
 - b) Defend your decision to insist that family members be included in therapy for the client. 6 marks
3. Most persons with disorders often see psychiatrists and are put on medication sometimes for an indefinite length of time.
 - a) Show the importance of pharmacology in the treatment of psychopathology. 4 marks
 - b) Discuss the significance of psychotherapy being carried alongside pharmacological treatment. 6 marks
4. Different Assessment models of family wellness are thorough and detailed mapping out how family functioning is in various dimensions.
 - a) Justify the need for thorough assessment. 2 marks
 - b) Summarize what a therapist is likely to find in the following domains if a family is dysfunctional:
 - i) Communication patterns
 - ii) Relational patterns 8 marks
5. Read the story extracted from Mark 5:1-17 below and answer the question following

Jesus Restores a Demon-Possessed Man

¹They went across the lake to the region of the Gerasenes.^[a] ²When Jesus got out of the boat, a man with an impure spirit came from the tombs to meet him. ³This man lived in the tombs, and no one could bind him anymore, not even with a chain. ⁴For he had often been chained hand and foot, but he tore the chains apart and broke the irons on his feet. No one was strong enough to subdue him. ⁵Night and day among the tombs and in the hills he would cry out and cut himself with stones.

⁶When he saw Jesus from a distance, he ran and fell on his knees in front of him. ⁷He shouted at the top of his voice, “What do you want with me, Jesus, Son of the Most High God? In God’s name don’t torture me!” ⁸For Jesus had said to him, “Come out of this man, you impure spirit!”

⁹Then Jesus asked him, “What is your name?”

“My name is Legion,” he replied, “for we are many.” ¹⁰And he begged Jesus again and again not to send them out of the area.

¹¹A large herd of pigs was feeding on the nearby hillside. ¹²The demons begged Jesus, “Send us among the pigs; allow us to go into them.” ¹³He gave them permission, and the impure spirits came out and went into the pigs. The herd, about two thousand in number, rushed down the steep bank into the lake and were drowned.

¹⁴Those tending the pigs ran off and reported this in the town and countryside, and the people went out to see what had happened. ¹⁵When they came to Jesus, they saw the man who had been possessed by the legion of demons, sitting there, dressed and in his right mind; and they were afraid. ¹⁶Those who had seen it told the people what had happened to the demon-possessed man—and told about the pigs as well. ¹⁷Then the people began to plead with Jesus to leave their region.

- a) Identify all the markers of ill-functioning in the man in the story 2 marks
- b) Debate on the place of spiritual resources in the support of those in mental and emotional anguish. 8 marks

6. Different family assessment models use Clinical Rating Scales on different family domains to determine how healthy a family is. Identify how a healthy family would function on the following domains
- a) Problem solving
 - b) Communication
 - c) Role functioning
 - d) Affective responsiveness
 - e) Behavior control