



PAN AFRICA CHRISTIAN UNIVERSITY
END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELING PSYCHOLOGY
SEPTEMBER - DECEMBER 2020

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: 2113

COURSE TITLE: PSYCHO-DYNAMIC THEORIES

EXAM DATE: 11TH DECEMBER 2020

TIME: 6:00 P.M. – 9:00 P.M.

DURATION: 3HOURS

INSTRUCTIONS

- Read all questions carefully before attempting.
- Write your **student number** on the answer booklet provided.
- Answer **ALL** questions in Section A and **ANY** three in Section B

Section A: Compulsory; attempt ALL questions (10 Marks)

Question 1

Mary is a student and has been studying Freud's theory of personality and would like to know its relevance to the world and

- a) Discuss Freud's theory of personality using Id, Ego and Superego **(5 Marks)**
- b) According to Freud defense mechanism are not necessarily maladaptive. Indeed, we cannot survive without them. However, they can become maladaptive and destructive, preventing further personal social growth. Discuss. **(5 Marks)**

Section B: Attempt Three questions from this section (30 Marks)

Question 2

Jung wrote, "The archetype is a kind of readiness to produce over and over again the same or similar mythical ideas". Discuss the four archetypes as postulated by Jung. **(10 Marks)**

Question 3

By almost anyone's standard Martin is extremely successful. His life has always been luxurious, however, he actually came from very humble beginnings. His mother stayed at home and his father was a carpenter. His parents were not affectionate toward Martin and his siblings and at times not even the children's basic physical needs were met.

Martin felt embarrassed by his humble beginning. He became determined to rise above his early station life and achieve a more successful and sophisticated life. He prefers not to think or discuss his childhood. His law firm and wallet grew in size. Because he is well known, several organizations have asked him to be on the boards of directors, but he refused all of them. Martin is not active in any community activities and does no volunteer work, not even pro bono legal work.

- a) According to Adler's theory what was Martin's goal, give evidence for your answer.
- b) Does Martin have a high or low level social interest, what is the cause of this social interest? **(10 Marks)**

Question 4

Discuss **Five** of Erikson's psychosocial stages the emotional duality that it involves, and the particular ego strength that emerges from it. **(10 Marks)**

Questions 5

Mark's father used to be an angry man and during conversation or conflicts he could get angry and hit whatever object was near him. Now Marc his son is often frustrated and angry, but most of the time he keeps his feelings under control. One day, during a meeting at work, Marc stormed out of the room and kicked the drinks machine so hard that the glass screen broke.

Suggest how a social learning psychologist might explain violent behaviour such as that shown by Marc. **(10 Marks)**

Question 6

Skinner states that a reinforcement is anything that increases the likelihood of a response.

a) Describe operant conditioning, and compare it with classical conditioning. **(5 Marks)**

b) Distinguish among different schedules and types of reinforcement, and indicate their effectiveness. **(5 Marks)**