



PAN AFRICA CHRISTIAN UNIVERSITY

**END OF SEMESTER EXAMINATION FOR DIPLOMA IN
COUNSELING PSYCHOLOGY**

MAY- AUGUST 2018

CAMPUS: VALLEY ROAD

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COD 105

COURSE TITLE: CHILD GROWTH AND DEVELOPMENT

EXAM DATE: MONDAY 6TH AUGUST 2018

TIME: 5.30PM-7:30PM

INSTRUCTIONS

- Read all questions carefully before attempting.
- Write your **student number** on the answer booklet provided.
- Answer Question **1** in Section A and any **Two** Questions in Section B

SECTION A: COMPULSORY (30 MARKS)

QUESTION 1

- a) Distinguish between the following terms used in child, growth and development
- i) Growth and development
 - ii) Cephalocaudal and Proximodistal
 - iii) Psychosocial crisis and coping behavior
- (6 marks)
- b) Highlight the importance of the following organs in a developing child
- i) Brain
 - ii) Myelination
 - iii) Spinal Cord
- (6 marks)
- c) Explain the following defence mechanisms in accordance with the psychosexual theory
- i) Regression
 - ii) Reaction formation
 - iii) Rationalization
- (6 marks)
- d) Discuss any four psychosocial stages of development clearly indicating the approximate age, psychosocial crisis and significant events that occur in each stage
- (12 marks)

SECTION B: CHOOSE ANY TWO (2) QUESTIONS-30 MARKS

QUESTION 2

- a) List five reasons why Eriksson's theory is important to a child care professional (5 marks)
- b) Describe with the help of a diagram Maslow's hierarchy of needs (10 marks)

QUESTION 3

- a) Discuss three principles of development (6 marks)
- b) Describe the three levels of development and the social orientation of each level according to Kohlberg's theory (9 marks)

QUESTION 4

- a) Discuss two factors that influence attachment (5 marks)
- b) Explain any five potential hazards in prenatal development (10 marks)

QUESTION 5

- a) Describe three roles of emotions in emotional and relational development (6 marks)
- b) Growth and development is affected by several factors. Name and explain any three such factors (9 marks)