



**PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE BACHELOR OF ARTS
IN COUNSELING PSYCHOLOGY**

**JANUARY-APRIL 2021 SEMESTER
COURSE CODE: UCC 202
COURSE TITLE: HEALTH AND SOCIAL ISSUES
EXAM DATE 16TH APRIL 2021
DURATION: 3 HOURS
TIME: 6:00 PM TO 9:00 PM**

INSTRUCTIONS:

- Read the instructions and questions carefully before you write the answers.
- This Exam has TWO SECTIONS.
- **SECTION A** is Compulsory.
- Answer any **TWO** questions in **SECTION B**

SECTION A : COMPULSORY (20 MARKS)

Question 1

- a) Explain how environmental and economic factors affect health (4 marks)
- b) Describe any two health differences between males and female adults (4 marks)
- c) Studies show that there is a hereditary predisposition to illness. Justify this statement. (4 marks)
- d) Discuss one positive and one negative effect of stress (4 marks)
- e) Describe how a negative parenting style can affect the social and academic aspects of a school going child (4 marks)

SECTION B: ANSWER ANY TWO QUESTIONS

Question 2

- a) Explain how an individual's belief system can affect their health (4 marks)
- b) Discuss three factors that contribute to women's longevity to life than men (6 marks)

Question 3

- a) Critic Kenya's industrial organization in relation to workers safety (4 marks)
- b) Describe one social and one physiological challenge an obese school going child could experience (6 marks)

Question 4

- a) Differentiate between psychosomatic illness and any other illness. (4 marks)
- b) Describe any two of Diana Baumrind's parenting styles (6 marks)

Question 5

- a) Illustrate with two examples determinants of health and illness (4 marks)
- b) Studies show that the risk of dying increases as educational levels decrease. Discuss this in relation to quantity and quality of care (6 marks)