

PAN AFRICA CHRISTIAN UNIVERSITY

MASTERS IN MARRIAGE AND FAMILY THERAPY

END OF TERM EXAMINATION-ONLINE (Dec 2021)

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: MFT 504

COURSE TITLE: THEORIES II

LECTURER: DR. ANNE WAMBUGU

EXAM DATE: MONDAY 20TH DECEMBER 2021

TIME: (3) HOURS – 2.30 – 5.30 P.M

INSTRUCTIONS

- **Read all questions carefully before you attempt.**
- **Question ONE is Compulsory.**
- **Answer any other THREE questions from the choices provided.**

This exam is 40% of the final grade

1. Jojo and June, and their children (Cate aged 25 and son Koko aged 21 years) are Christians. They come to you for therapy because things are going out of their hands. Their issues include: marital relationships, sickness, poor school performance, and terrible behaviour of their children among others. The couple laments of nasty words received from their spiritual authority when they missed to buy him a retirement car. June would want to deal with that issue by giving the pastor a piece of land her husband got as an inheritance. The husband yells because the family portion cannot be given to a stranger. Besides, Jojo's promise on bride prize had not been settled and some of the uncles to June had died due to Covid -19 virus. The couple wonders if that could be the hindrance to their children's positive university performance. In addition, the children do not see the need of being in the same church with their parents. The kids complain of the time and the money the parents give to the said church as board members. Their holiday time is "no longer a thought as mum and dad are tight with church matters!" Koko shouts.

- a) Identify TWO (2) themes you conceptualize and give justification for each. **(2 Marks)**
- b) Specify TWO (2) distinct goals for therapy in the case at hand using CBFT. **(2Marks)**
- c) Deliberate THREE (3) CBFT interventions you would use working with the said family.

(6Marks).

Answer Any Three Questions

- 2. a) Describe at least THREE (3) areas that make collaborative theory applicable to all other theories. **(6Marks)**
 - b) Articulate TWO (2) ways how culture is peculiar in narrative therapy. **(4 Marks)**
- 3. a) Explain with examples THREE (3) types of clients as stipulated in the solution focused model. Give an example for each. **(6Marks)**
 - b) Specify TWO (2) distinctive features of collaborative therapy. **(4Marks)**
- 4. a) Describe THREE (3) kinds of stories in narrative therapy. **(6 Marks)**
 - b) Analyze with examples at least TWO (2) goals of therapy in solution focused therapy. **(4Marks)**
- 5. a) Distinguish in TWO (2) ways how empathy is used in cognitive behavioral marriage therapy and collaborative model. **(5Marks)**
 - b) Articulate your choice of a postmodern model and underscore at least TWO (2) principles that make you choose the said model. **(5Marks)**

MERRY CHRISTMAS AND BLESSED HOPES 2022