



**PAN AFRICA CHRISTIAN UNIVERSITY  
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES  
END OF SEMESTER EXAMINATION FOR THE DEGREE OF BACHELOR OF  
ARTS IN BIBLE AND THEOLOGY  
JANUARY-APRIL 2024 TRIMESTER**

**CAMPUS: ROYSAMBU**

**DEPARTMENT: PSYCHOLOGY**

**COURSE CODE: UCC202**

**COURSE TITLE: HEALTH AND SOCIAL ISSUES**

**EXAM DATE: THURSDAY 4<sup>TH</sup> APRIL 2024**

**TIME: 2:30PM-5:30PM**

**INSTRUCTIONS**

- Read all questions carefully before answering.
- Write your **student number** on the space provided.
- Answer **ALL** questions in **Section A** and **ANY** other **TWO** from **Section B**

## **SECTION A: ANSWER ALL QUESTIONS**

### **Question 1**

- a) Discuss how the following lifestyle habits affect health:
  - (i) Unhealthy diet (2 Marks)
  - (ii) Smoking (2 Marks)
  - (iii) Alcohol consumption (2 Marks)
- b) Explain one way religious belief and practice can be harmful to health (2 Marks)
- c) Describe any two lifestyle habits that could predispose someone to stress (4 Marks)
- d) Explain any two health differences between males and females (4 Marks)
- e) Distinguish between nature and nurture in relation to health (4 Marks)

## **SECTION B: ANSWER ANY TWO QUESTIONS**

### **Question 2**

- a) Illustrate in any two ways regularly body exercises has positive attributes to health (4 Marks)
- b) Discuss three health challenges synonymous with low income populations (6 Marks)

### **Question 3**

- a) Explain two ways culture influences health (4 Marks)
- b) Describe any three behavioral attributes accruing to children raised in healthy parent relationships (6 Marks)

### **Question 4**

- a) Contrast between men and women in relation to onset of depression (4 Marks)
- b) Describe any three mechanisms that promote positive health (6 Marks)

### **Question 5**

- a) Distinguish between children and adults in relation to stress response (4 Marks)
- b) Discuss any three benefits accruing from being in a healthy marriage relationship (6 Marks)