



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY**

SEPTEMBER-DECEMBER 2021 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: UCC 202

COURSE TITLE: HEALTH AND SOCIAL ISSUES

EXAM DATE: 15TH DECEMBER 2021

DURATION: 3 HOURS

TIME:

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- **Answer question 1 and any other TWO questions**
- *ALL PAC University's examination rules and regulations apply*

SECTION A: COMPULSORY (20 MARKS)

QUESTION 1

- a) Outline any four personal determinants of health (4 marks)
- b) Explain two reasons women have a higher life expectancy than men (4 marks)
- c) Differentiate between nature and nurture in relation to health (4 marks)
- d) Describe two ways that discrimination at the work place affects women's health (4 marks)
- e) Critic the Bible verse below in relation to health:
"As a man thinketh in his heart, so is he." Proverbs 23:7 (4 marks)

SECTION B: ANSWER ANY TWO QUESTIONS (20 MARKS)

QUESTION 2

- a) Explain any two lifestyles that promote health (4 marks)
- b) Discuss three reasons infant mortality rate is higher among the poor communities (6 marks)

QUESTION 3

- a) Explain two differences in the games that boy's and girl's engage in (4 marks)
- b) Discuss any three reasons married men tend to be in good physical and mental health compared to those who remained single, divorced or separated (6 marks)

QUESTION 4

- a) Identify any four occupational hazards that workers in an industrial enterprise encounter (4 marks)
- b) Discuss any three health benefits accruing from stress (6 marks)

QUESTION 5

- a) Explain any two ways that marriage affects health positively (4 marks)
- b) Describe any three behaviors or lifestyles that affect health negatively (6 marks)