



**PAN AFRICA CHRISTIAN UNIVERSITY**  
**SCHOOL OF HUMANITIES AND SOCIAL SCIENCES**  
**END OF SEMESTER EXAMINATION FOR THE DEGREE OF**  
**BACHELOR OF ARTS IN COUNSELING PSYCHOLOGY**  
**JANUARY-APRIL 2019 SEMESTER**

**CAMPUS: ROYSAMBU**

**DEPARTMENT: PSYCHOLOGY**

**COURSE CODE: COU4232**

**COURSE TITLE: CLINICAL SUPERVISION III**

**EXAM DATE: FRIDAY 12<sup>th</sup> APRIL 2019**

**TIME: 2.00PM – 5.00PM**

**INSTRUCTIONS**

- Read all questions carefully before attempting.
- Write your **student number** on the answer booklet provided.
- Answer **ALL** questions in **Section A** and **ANY** other **THREE** from **Section B**
- *ALL PAC University's examination rules and regulations apply*

**SECTION A – ANSWER ALL THE QUESTIONS (30 marks)**

**QUESTION 1**

- a) Define the following terms:
  - i. Career Counselling **2marks**
  - ii. Delusional Disorder **2 marks**
  - iii. Schizophrenia Disorder **2 marks**
  - iv. Obsessive Compulsive Disorder **2 marks**
  - v. Post-traumatic Stress Disorder **2 marks**
  - vi. Burn-out
- b) Illustrate three ways that one can support the Mentally Ill. **6 marks**
- c) Suggest three areas of client management in sexual addiction. **6 marks**
- d) Describe two societal perceptions about battered and abused men. **6 marks**

**SECTION B – CHOOSE ANY THREE QUESTIONS (60 marks)**

**QUESTION 2**

**(20 marks)**

- i. Identify two criticism why some scholars are opposed to the integration of psychology and theology. **(4 marks)**
- ii. discuss two areas that spirituality can offer in a therapy session **(8 marks)**
- iii. According to Carl Roger's Person-Centred Theory identify three concepts understood by him through the Book of Obadiah. **(8 marks)**

**QUESTION 3**

**(20 marks)**

- i. Describe two practical way that you can de-escalate a hostile situation and defending oneself from an attack. **(6marks)**
- ii. Identify three guidelines counsellors can maintain for their safety. **(6 marks)**
- iii. Discuss four ways a client may be motivated during therapy. **(8 marks)**

**QUESTION 4**

**(20 marks)**

- i. Show three dimensions that would minimize a client's vulnerabilities and enhance resilience. **(6 marks)**
- ii. Discuss two components that may cause ethical mishaps for a counselor. **(8 marks)**
- iii. Explain three ways supervision can benefit a practicum student. **(6Marks)**

**QUESTION 5**

**(20 marks)**

Seventeen year old Martin lives in a children's rehabilitation center. In the first session he tells you that: "I want to know my father and mother, where they live and why they abandoned me." He bullies younger children and is abusing marijuana. He is not interested in attending school and is often in trouble with the caregivers.

- a. What do you conceptualize as Martin's problems? **(6 Marks)**
- b. Construct a treatment plan for Martin. **(10 Marks)**
- c. Identify two other types of professionals that you would team up with for the wholistic management of Martin's problems? **(4 Marks)**