



DEPARTMENT: PSYCHOLOGY

CAMPUS: ROYSAMBU

COURSE CODE: MCP509/MFT507

COURSE TITLE: Professional, Ethical and Legal Issues in Counseling

EXAM DATE:

DURATION:3HRS

TIME:6.00-9.00PM

INSTRUCTIONS:

- Read the instructions and questions carefully before you write the answers.
- **Answer question 1 and any other TWO questions.**
- ALL PAC University's examination rules and regulations apply.

SECTION I COMPULSORY 20MARKS

QUESTION ONE

a. Explain the following concepts as used in professional and ethical issues in counselling;

i. Law and Ethics

2mks

ii. Dual relationship and Power differential.

2mks

b. Explain two factors for referral in a counseling relationship according to the APA Standards

2mks.

c. Highlight two importance of why a professional counselor requires to be multicultural competent.

4mks

d. Clarify two areas when termination may occur in counseling according to American Psychological Association(APA) Standards.

4mks

e. Read the following case study and answer the questions that follow;

A young man made an appointment with your services when he saw the advertisement in the local newspaper. In your initial session, you learn that he is 14 years old and sought counselling on his own without the knowledge of his parents. He tells you that he came to your clinic because he saw you are a Christian and doesn't want his family to know he is in counselling. He reveals to you that he is afraid of his step-mother who has been beating him and verbally abusing him in front of the other children. His father, works away and only comes home once in a while. His step-siblings would ridicule him for being in session as they ridicule him for almost anything. He says he struggles with motivation, getting out of bed in the morning and attending school, feels no need of living. After in-depth exploration he confesses that he's been involved in substance abuse since the step-mother locks him out of the house at night. He says the only place he found solace was with the street group who understands him.

i. Justify any two ethical dilemmas involved the above case.

2mks

ii. Explain two legal responsibilities the counselor has in the above case.

4mks

SECTION II CHOOSE TWO QUESTIONS (20MARKS)

QUESTION TWO

a. Read the following case study and answer the question that follow.

Obed is a younger brother to your friend and a committed believer. Lately, he has been having prolonged disturbances and chronic pain. He has been feeling upset and no family or friend seems to understand him. When he sees you he runs towards you and hugs you. He immediately breaks down and starts sharing how unhappy and unworthy life has become. He knows you are a counselor and talks to you non-stop. The constant pain and the fact that no one care has made him realize no one would miss him anyway. He stated that he has a full bottle of prescription of pain medication at home that he has been taking but gotten no relieve.

- i. Explore two ethical dilemmas in the above case.
4mks
- ii. Describe the first three steps you would take in the process of making a decision on how to handle one of the dilemmas.
6mks

QUESTION THREE

- a. Explain three reasons that make informed consent important in counselling.
6mks

b. Read the following carefully,

Annett is a Counseling student in a nearby University and she is struggling to pay the required fees. since she dropped off from completing her studies after becoming pregnant life became hard for her. Her Campus friends had advised her to go for an abortion and now she regrets it. She has been requested to offer free counseling services by a local shelter that houses runaway pregnant teenagers. The director of the shelter is her fiancée's sister and a frequent visitor. She however declines the offer with a response of that's not her area of counseling.

- i. Explore two Ethical standards that Annett would need to observe.
4mks

QUESTION FOUR

- a. Discuss three Components of competence according to APA Ethical Standards. 6mks

b. Read the following case study and answer the questions that follow;

Rita has been seeing his counselor since being laid off her job. Since she is an unemployed, Rita offers his counselor some catering services and prepares some beverages since she is a Barista. The counselor accepts the offer though he has several other caterers who have been giving him such services. Later, after Rita attending to the counselor's guests, there was a complain of food poisoning due to probably chance or inferior work delivered from Rita. The counselors don't mind the outcome and hugs Rita when she starts crying. He actually pecks her and offer to accommodate her that night.

- i. Clarify two malpractices in the above case study.
4mks

QUESTION FIVE

- a. Explain two ways a counselor can avoid False or Deceptive Statements.
4mks

- b. Describe three characteristics of a mental health professional that has most impressed you and serves as a role model for you because of their professional and ethical sensitivity and commitment.
6mks

