



**PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR
DIPLOMA IN COUNSELING PSYCHOLOGY
JANUARY – APRIL 2018 SEMESTER**

CAMPUS: VALLEY ROAD

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COD1133

COURSE TITLE: INTRODUCTION TO PSYCHOLOGY

EXAM DATE: MONDAY 9TH APRIL 2018

TIME: 5:30PM-7:30PM

INSTRUCTIONS

- This examination script consists of **Five (5)** questions.
- Read all questions carefully before attempting.
- Write your **student number** on the answer booklet provided.
- Answer **Question ONE** and any other **TWO** questions
- Question **one** carries **30** marks
- Question 2-5 carry **15** marks each

QUESTION ONE: COMPULSORY (30 MARKS)

- a) Define the following terms
 - i. Intelligence 2 Marks
 - ii. Narcolepsy 2 Marks
 - iii. Altruism 2 Marks
 - iv. Hypnosis 2 Marks
- b) Differentiate with examples the terms Nature from Nurture. 4 Marks
- c) Discuss four functions of sleep 8 Marks
- d) Discuss five branches of psychology. 10 Marks

QUESTION 2

- a) Describe **three** ways of improving retention of learnt information 3 Marks
- b) Using a diagram, explain explicit and implicit memory. 4 Marks
- c) Explain any **four** causes of psychological disorders. 8 Marks

QUESTION 3

- a) Briefly explain the process of Pavlov's experiment with dogs 5 marks
- b) Describe with the help of a diagram Maslow's hierarchy of needs 10 marks

QUESTION 4

- a) Discuss the Classical conditioning theory of learning in relation to increased behaviour. 7 Marks
- b) Explain **four** ego defence mechanisms according to Sigmund Freud 8 Marks

QUESTION 5

- a) Define the term psychology in relation to mind and behaviour 3 Marks
- b) Explore **three** conflicts that may arise between psychology and Christianity 6 Marks
- c) Discuss the **three** cognitive stages of childhood development as identified by Jean Piaget 6 Marks