



PAN AFRICA CHRISTIAN UNIVERSITY

**END OF SEMESTER EXAMINATION FOR DIPLOMA IN
COUNSELLING PSYCHOLOGY**

SEPTEMBER - DECEMBER 2021

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COD 1133

COURSE TITLE: INTRODUCTION TO PSYCHOLOGY

EXAM DATE: WEDNESDAY, 15TH DECEMBER 2021

TIME: 0800 – 1100HRS

INSTRUCTIONS:

- Read the instructions and questions carefully before you start the examination.
- This exam has FIVE questions. Answer **QUESTION ONE** and any other **TWO** questions from section B.
- *ALL PAC University's examination rules and regulations apply*

SECTION A: COMPULSORY (20 MARKS)

QUESTION 1

- a) Explain the function of the “New Brain”. (2 marks)
- b) Describe the Biological perspective of behavior. (2 marks)
- c) Examine the roles the following schools played in Psychology’s history:
 - i) Psychoanalysis. (2 marks)
 - ii) Behaviorism. (2 marks)
 - iii) Gestalt. (2 marks)
- d) Jane was leaving her house to go to work, as she stepped out of her door she saw a venomous snake. Describe how Jane could have felt using the following theories of emotions:
 - i) James Lange theory. (2 marks)
 - ii) Canon Bard theory. (2 marks)
 - iii) Schachter theory. (2 marks)
- e) Analyze how any TWO stimulants can affect an individual psychologically. (4 marks)

SECTION B: Answer any TWO questions from this section 10 Marks each.

QUESTION 2

- a) Explain any TWO functions of dreams from a Christian perspective. (4 marks)
- b) Describe THREE ways a parent can motivate their teenager to behave well. (6 marks)

QUESTION 3

- a) Analyze TWO ways circadian rhythm can affect sleep. (4 marks)
- b) Discuss any THREE glands that the endocrine system produces and its function. (6 marks)

QUESTION 4

- a) Differentiate between Type A personality trait and Type B personality trait. (4 marks)
- b) Describe how the following neurotransmitters affect behavior:
 - i) Dopamine. (2 marks)
 - ii) Endorphins. (2 marks)
 - iii) Acetylcholine. (2 marks)

QUESTION 5

- a) Analyze any TWO problems a left handed person might face. (4 marks)

b) Examine THREE ways one can alter their state of consciousness without using drugs.

(6

marks)