



PAN AFRICA CHRISTIAN UNIVERSITY

END OF TERM EXAMINATION (JANUARY – MARCH 2022)

CAMPUS: ONLINE

DEPARTMENT: COUNSELING PSYCHOLOGY

COURSE CODE: COD 108

COURSE TITLE: INTRODUCTION TO PROFESSIONAL ETHICS

LECTURER: KIMANI GITHONGO

DATE: APRIL 2022

INSTRUCTIONS

- **Read all questions carefully before attempting.**
- **Section A is Compulsory**
- **Answer any TWO questions in Section B**

SECTION A: COMPULSORY (20 Marks)

Question 1

Florence and Alice are two beautiful ladies in their mid-twenties who have called in your Counseling Centre for premarital counseling for their upcoming wedding.

- a) Analyze any two guiding ethical principles that you would apply in your counseling. (4 marks)
- b) Discuss two steps you would utilize to address the ethical dilemma in the offer of therapy to them. (4marks)
- c) Describe any two of the three core conditions as propounded by Carl Rogers that you will extend to this couple as you conduct your counseling. (4marks)
- d) Explain any two areas in which these clients' values may clash with yours (4marks)
- e) Discuss any two ethical standards you would take into consideration when offering therapy to these clients (4marks)

SECTION B: ANSWER ANY TWO QUESTIONS FROM THIS SECTION (20 MARKS)

Question 2

- a) Discuss Cultural Pluralism as it applies to Ethics in Counseling. (2marks)
- b) Describe two ways that you would utilize to have an effective and distinct style of Ethical Counseling. (4 marks)
- c) Explain two reasons why confidentiality is a key ethical concept in counseling. (4marks)

Question 3

- a) Describe two tasks that a Counselor could engage in to remain competent in the practice of Counseling. (4 marks)
- b) Explain any three reasons that makes the observance of ethics in Counseling very important for Counselors. (6 marks)

Question 4

- a) Discuss two aspects that would amount to having a dual relationship between client and a counselor. (4marks)
- b) Explain three interventions that a Counselor can utilize to avoid burnout. (6 marks)

Question 5

a) Explain any two exceptions to confidentiality in Counseling.

(4 marks)

b) Discuss any three client's records that are crucial in therapy.

(6 marks)