



PAN AFRICA CHRISTIAN UNIVERSITY

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
MASTER OF ARTS IN MARRIAGE AND FAMILY THERAPY**

MAY – AUGUST 2017

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: MFT506

COURSE TITLE: SPIRITUAL FORMATION

EXAM DATE: TUESDAY 25th JULY 2017

TIME: 5.30PM-8.30PM

INSTRUCTIONS

- Read all questions carefully before attempting.
- Write your **student number** on the answer booklet provided.
- Answer **Question 1** and any other 2 questions

- 1a) Examine any four (4) steps that are necessary in worship. (4 marks)
 - b) Discuss any four (3) acts of submission that are necessary in the life of a Christian. (8 marks)
 - c) Discuss two ways why spiritual discipline is important to a marriage and family therapist (4 marks)
 - e) “Spiritual formation is a process”. Discuss this statement in reference to the process of being spiritually conformed (4 marks)
2.
 - a) Distinguish spirituality from religion (4 marks)
 - b) Discuss the role of spirituality in African culture (5 marks)
 - c) Discuss why culture is an important tool in religion (6 marks)
 3.
 - a) Describe any five(5) characteristics of Christian spirituality (10 marks)
 - b) Analyse the biblical basis of Christian spirituality (5 marks)
 4.
 - a) Discuss any four (4) types of fear according to Jean Vanier in his book “Becoming human” (8 marks)
 - b) Explain the origin of such fear (2 marks)
 - c) Analyse five effects of becoming friends of the ‘Lazarus of this world’ according to Jean Vanier (5 marks)
 5.
 - a) Discuss at least four(4) types of meditation (8 marks)
 - b) Explain Jesus’ teaching on fasting (3 marks)
 - c) Discuss the importance of fasting in the life of a believer (4 marks)