



PAN AFRICA CHRISTIAN UNIVERSITY

**END OF SEMESTER EXAMINATION FOR DIPLOMA IN
COUNSELLING PSYCHOLOGY**

SEPTEMBER - DECEMBER 2021

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COD 107

COURSE TITLE: COUNSELING MODELS

EXAM DATE: WEDNESDAY 15TH DECEMBER 2021

TIME: 1430HRS -1730HRS

INSTRUCTIONS:

- Read the instructions and questions carefully before you start the examination.
- This exam has FIVE questions. Answer **QUESTION ONE** and any other **TWO** questions from section B.
- *ALL PAC University's examination rules and regulations apply*

SECTION A: COMPULSORY (20 MARKS)

QUESTION 1

a) Using Maslow's theory discuss how the following needs can be met from a biblical perspective:

- i) Physiological needs. (2 marks)
- ii) Security needs. (2 marks)
- iii) Belonging and love needs. (2 marks)
- b) Explain the goal of Gestalt theory. (2 marks)
- c) Analyze any TWO techniques that can be used in psychoanalysis. (4 marks)
- d) Explain any TWO goals of Carl Jung theory. (4 marks)
- e) Describe TWO key components of a psychology theory. (4 marks)

SECTION B: Answer any TWO questions from this section 10 Marks each.

QUESTION 2

- a) Describe any TWO categories of theories. (4 marks)
- b) Discuss any THREE concepts of Alfred Adler's theory. (6 marks)

QUESTION 3

- a) Describe any TWO assumptions between Carl Jung and Sigmund Freud theories. (4 marks)
- b) Discuss THREE reasons why theories are important in counseling. (6 marks)

QUESTION 4

- a) Describe any TWO irrational assumptions as described by Albert Ellis. (4 marks)
- b) Examine the THREE principles of client centered therapy. (6 marks)

QUESTION 5

- a) Analyze TWO concepts of Aaron Beck's Cognitive therapy. (4 marks)
- b) Describe any THREE techniques in Gestalt therapy. (6marks)