

PAN AFRICA CHRISTIAN UNIVERSITY
PRINCIPLES OF CHRISTIAN COUNSELING MDV 600 EXAMINATION.
AUGUST 2020

Instructions:

Answer ALL questions in section A

Answer ANY TOW questions in section B.

Section A: Answer ALL questions (20 marks)

- a) Counselling is primarily a relationship in which a counselor seeks to help a counselee with the problems of life. Discuss five techniques that one can apply in counselling. (10 marks)
- b) Much of the Bible is concerned with crises.
 - i) Explain three types of crises and give an example in each (6 marks)
 - ii) Discuss how a pastor counselor can help members of their congregation going through crises (4 marks).

Section B: Answer ANY TWO questions (20 marks).

- 1. Explain the potential areas of role confusion that are responsible for the ineffectiveness in pastoral counselling. Give examples to support your answers. (10 marks).
- 2. You have been called as a youth pastor to a church in Embakasi Constituency in Nairobi County. Your first impression on reporting on duty is that many of the youth seem addicted to either alcohol or drugs. Discuss the causes of alcohol and drug addiction that you will be looking for among the youth. (10 marks)
- 3. Explain five measures that one can take to protect themselves against sexual sin with their counselees. (10 marks)
- 4. Discuss the importance of premarital counselling for Couples who plan to get married. (10 marks)