



PAN AFRICA CHRISTIAN UNIVERSITY

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SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

END OF SEMESTER EXAMINATION FOR THE DEGREE OF

BACHELOR OF ARTS IN COMMUNITY DEVELOPMENT

SEPTEMBER -DECEMBER 2025 TRIMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: COMMUNITY DEVELOPMENT

COURSE CODE: CDC114

COURSE TITLE: HIV/AIDS MANAGEMENT

EXAM DATE: MONDAY 15TH DECEMBER 2025

TIME: 8:30AM-10:30AM

EXAM DURATION: 2 HOURS

INSTRUCTIONS

- Read all questions carefully before attempting.
- Write your **student number** on the answer booklet provided.
- This paper consists of five questions.
- Answer Question 1 and any other two questions
- Question 1 carries 30 marks compulsory
- Question 2-5 carry 15 marks each
- ALL other PAC University examinations rules and regulations apply

SECTION A (COMPULSORY)

QUESTION ONE (30 Marks)

Case Study

Sarah is a 21-year-old second-year university student in Nairobi who recently tested positive for HIV. She has not disclosed her status to her parents because she fears shame, disappointment, and possible rejection. Sarah struggles with anxiety, insomnia, and self-blame. She sometimes worries that her diagnosis may be a form of divine punishment. The university counseling office has encouraged her to join a peer support group for young women living with HIV, but she is unsure whether she is ready to speak publicly about her situation.

Using the case above, answer the following:

- a) Identify and explain three emotional or psychological challenges Sarah is likely experiencing. (6 marks)
- b) Discuss how peer support groups can empower young women like Sarah to cope with their HIV diagnosis. (6 marks)
- c) Analyze the importance of confidentiality within HIV counseling, especially in Sarah's context. (6 marks)
- d) Using biblical teaching, explain how Sarah's belief that her HIV status is a punishment from God can be theologically corrected. Cite at least one biblical passage. (6 marks)
- e) Recommend two counseling interventions that may support Sarah's emotional healing and spiritual wellbeing. (6 marks)

SECTION B (Answer ANY TWO Questions)

QUESTION TWO (15 Marks)

- a) Explain the difference between HIV and AIDS (5 marks)
- b) Using five relevant examples critically analyze how early diagnosis coupled with consistent ART adherence influences the progression of the disease. (10 marks)

QUESTION THREE

Evaluate three strengths and two limitations of both biomedical and behavioral HIV prevention strategies in Kenya. Support your discussion with at least one real case example or program. (15marks)

QUESTION FOUR

- a) Examine five roles of government institutions, NGOs, and international bodies working in HIV/AIDS response in Kenya. (10 marks)
- b) Additionally, propose a realistic and implementable solution to one key challenge that these agencies face. (5 marks)

QUESTION FIVE

- a) Drawing from Christian ethics and the doctrine of human dignity, discuss five ways the Church can respond to stigma and discrimination against people living with HIV/AIDS. (10 marks)
- b) Provide two practical examples of church-based programs or interventions. (5 marks)