



PAN AFRICA CHRISTIAN UNIVERSITY
MASTERS IN MARITAL AND FAMILY THERAPY
END OF TERM EXAMINATION (AUGUST TO DECEMBER 2020)
DEPARTMENT: COUNSELING PSYCHOLOGY

COURSE CODE: MFT 502

COURSE TITLE: FAMILY LIFE CYCLE

EXAM DATE: 17TH DEC. 2020

TIME: 6.00-3.00PM

DURATION: THREE (3) HOURS

INSTRUCTIONS

- **Read all questions carefully before attempting.**
- **Question ONE IN SECTION ONE is Compulsory.**
- **Answer any other TWO questions FROM SECTION TWO from the choices provided.**

SECTION ONE - COMPULSORY QUESTION

QUESTION 1

- a) Analyze five goals that make it paramount for a Marriage and Family Therapist to understand Family Life Cycle. 10 Marks
- b) Discuss any five challenges that may disrupt the normal Family Life Cycle. 10 Marks

SECTION TWO - ANSWER ANY TWO QUESTIONS FROM THIS SECTION

QUESTION 2

- a) A family with the first child must be prepared to make adjustments to accommodate the child. Explain the three major aspects that constitute the adjustments. 6 Marks
- b) Describe any four development tasks in stage five of the marriage life cycle. 4 Marks

QUESTION 3

- a) Explain any three Therapeutic concerns for families with adolescent children stage in the family life cycle. 6 Marks
- b) Outline any two traditional structures from within the African traditional family life cycle that enabled the elderly deal with challenges at their stage in life. 4 Marks

QUESTION 4

Justus has just graduated from the university and his only other sibling; an elder sister will be wedding later in December

- a) State any two stages that this family is in within the family life cycle. 4 Marks
- b) Analyze any three developmental tasks that Justus faces at his stage. 6 Marks

QUESTION 5

- a) Illustrate three challenges for the homosexual in the family Life cycle 6 Marks
- b) Discuss two ways in which you can develop a ritual for a couple that may make them manage the empty nest positively. 4 Marks