



PAN AFRICA CHRISTIAN UNIVERSITY

END OF SEMESTER EXAMINATION (JANUARY TO APRIL, 2022)

CAMPUS: ROYSAMBU

DEPARTMENT: COUNSELING PSYCHOLOGY

COURSE TITLE: CHILD GROWTH & DEVELOPMENT

COURSE CODE - 105

INSTRUCTIONS

- **Read all questions carefully before attempting.**
- **Write your student number on the answer booklet provided.**
- **Question ONE IN SECTION A is Compulsory.**
- **Answer any other THREE questions FROM SECTION B**

SECTION A: ANSWER ALL QUESTIONS (COMPULSORY- 20 MARKS)

Question 1

- a) Distinguish between “growth and development” in children (2 marks)
- b) Outline one way in which the Bible perceives child development (2 marks)
- c) Explain the following terms in child growth and development;
 - i) Self-concept (2 marks)
 - ii) Gender identity (2 marks)
- d) Differentiate between the following
 - i) Positive Reinforcement and negative reinforcement (4 marks)
 - ii) Positive punishment and negative punishment (4 marks)
- e) Describe any two psychosocial stages of development according to Erik Erickson (4 marks)

SECTION B (TOTAL 20 MARKS) ANSWER ANY TWO QUESTIONS

Question 2

- a) Outline two major theories of human development (2 marks)
- b) Describe the four main types of attachment that children form with their caregivers according to John Bowlby (8 marks)

Question 3.

- a) Explain two developmental tasks that infants are expected to achieve (2 marks)
- b) Discuss the following types of play that children engage in
 - i) Unoccupied (2 marks)
 - ii) Solitary (2 marks)
 - iii) Onlooker (2 marks)
 - iv) Associative (2 marks)

Question 4.

- a) Illustrate two ways in which Cooley's Looking-Glass Self process can help us develop our self-concept (4 marks)
- b) Discuss three ways that religion can influence parenting styles? (6 marks)

Question 5

- a) Your cousin who is a smoker has just found out she is pregnant.
 - i) What would you tell her about smoking and pregnancy? (2 marks)
 - ii) Explain how a mother's drinking of alcohol while pregnant may affect the development of the baby (2 marks).
- b) Discuss the three stages of Prenatal Development (6 marks).