



PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY

JANUARY-APRIL 2019 SEMESTER

CAMPUS: VALLEY ROAD

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU2113

COURSE TITLE: PSYCHODYNAMIC THEORIES

EXAM DATE: TUESDAY 9th APRIL 2019

DURATION: 3 HOURS

TIME: 5:30PM-8:30PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- **Answer question ONE and any other TWO questions**
- *Write clearly and legibly.*
- *ALL PAC University's examination rules and regulations apply*

QUESTION ONE: COMPULSORY

- a) Briefly explain the following terms according to Carl Jung's theory
- i) Archetype (2 marks)
 - ii) Individuation (2 marks)
 - iii) Collective unconscious (2 marks)
- b) Explain the **Id**, **ego**, and **superego** according to psychoanalytic theory. (6marks)
- c) Compare Freud's anal stage of development with Erik Erikson's infancy stage (6marks)
- d) Discuss the role of personality theory in counseling (6 marks)
- e) Describe what Adler meant by the following terms:
- i) Social interest (4 marks)
 - ii) Striving for superiority (3 marks)
 - iii) Finalism (3 marks)
- f) Describe the four styles of life as discussed in Adlerian theory (6 marks)

QUESTION TWO

- a) Explain how Abraham Maslow's background influenced the development of his theory of Hierarchy of needs (10 marks)
- b) Describe the characteristics of a self-actualized person as presented by Maslow (10 marks)
- c) Describe any three of Erik Erikson's psychosocial stages of development (10 marks)

QUESTION THREE

- a) Explain any three therapeutic processes of Adlerian theory (10 marks)
- b) Distinguish between Anima and Animus according to Carl Jung (10marks)
- c) Describe how your personal background has shaped your own personality (10 marks)

QUESTION FOUR

- a) Describe the two types of personality according to Jung's theory (10 marks)
- b) Explain Alfred Adler's view of human nature. (10 marks)
- b) Using examples differentiate between Metaneeds and metapathologies according to Abraham Maslow's theory (10 marks)

QUESTION FIVE

- a) Discuss the concept of anxiety with reference to the psychoanalytic theory of Sigmund Freud (10 marks)
- b) Briefly explain the technique of free association as used in psychoanalytic theory (10 marks)
- c) Using examples briefly explain four processes that influence learning as described by Albert Bandura (10 marks)