



PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELING PSYCHOLOGY
SEPTEMBER-DECEMBER 2019

CAMPUS: ROYSAMBU

DEPARTMENT: COUNSELING PSYCHOLOGY

COURSE CODE: COU2133

COURSE TITLE: INTRODUCTION TO COUNSELING ETHICS

EXAM DATE: FRIDAY 6TH DECEMBER 2019

DURATION: 2 HOURS

TIME: 9:00AM-11:00AM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- *Write clearly and legibly.*
- This exam script consists of **Six (6)** questions.
- Answer **question ONE** and **Any other three (3)** questions
- *ALL PAC University's examination rules and regulations apply*

QUESTION ONE: COMPULSORY

- a) What is your understanding of Ethical Codes? (2 marks)
- b) Define the terms (4 marks)
 - i) Privileged communication
 - ii) Privacy
- c) Outline EIGHT steps in making ethical decisions (8 Marks)
- d) Explain any THREE importance of personal therapy for a counselor (3 marks)
- e) Describe any THREE ways through which counselors can protect themselves from ethical dilemmas (6 marks)
- f. i) Confidentiality is at the core of effective therapy' Discuss this statement in reference to confidentiality in counselling (4 marks)
- ii) Explain any three exceptions to confidentiality in counselling (3 marks)

QUESTION TWO

Discuss five contents of informed consent. (10 Marks)

QUESTION THREE

Discuss five importance of religion and spirituality. (10 Marks)

QUESTION FOUR

- a) Outline any four profession standards for a leader in group therapy. (4 marks)
- b) Highlight and explain any two issues that can raise ethical concerns in co-leading a group. (2 marks)
- c) Identify any four risks that group participants may find themselves in. (4 marks)

QUESTION FIVE

Tony is a counsellor whose education and training has been exclusively in individual counselling. Rose comes to him for counselling. After more than a dozen sessions with Rose Ludwig realizes that much of her difficulty lies not just with her but with her entire family system. By this time, Tony has established a strong working relationship with Rose. Because he has no experience in family therapy, he decides to refer Rose to a colleague who is trained in family therapy. But he realizes that doing so could have a detrimental effect on her. One of Rose's problems has been a sense of abandonment by her parents. He wants to avoid giving her the impression that he too is abandoning her. He decides to stay with her and work with her individually. Much of the time is spent trying to understand the dynamics of the family members who are not present.

- a) Make judgement on Tony's clinical decision and give two reasons for your answers (4 marks)
- b) Explain how differently Tony would have approached the need for family therapy with Rose. (2 marks)
- c) Tony finally decides to see the entire family in therapy. Discuss 3 ethical issues that may arise (3 marks)

QUESTION SIX

A Psychologist had an intake appointment with a client. As soon as he looked at the intake form, he realizes that she is the ex-wife of his former client. The therapy with the ex-husband was brief and he focused on how to leave the marriage. The prospective client was using her maiden name and gave no indication that she had known about her ex-husband treatment with the psychologist. When asked about her reason for the referral she said that her physician had referred her for anxiety. During the sessions she stated that she is still in communication with her ex-husband because they share three children.

- a) What are the two ethical issues for this scenario? (5 Marks)
- b) How would you respond to such a situation as a counselor (5 Marks)