



PAN AFRICA CHRISTIAN UNIVERSITY

EXAMINATION (JANUARY TO APRIL, 2022)

CAMPUS: ROYSAMBU

DEPARTMENT: COUNSELING PSYCHOLOGY

COURSE CODE: COU1233

COURSE TITLE: INTRODUCTION TO PSYCHOLOGY

EXAM DATE: APRIL, 2022

TIME: 11.00 AM to 2.00 PM Three (3) HOURS

INSTRUCTIONS

- **Read all questions carefully before attempting.**
- **Question ONE IN SECTION A is Compulsory.**
- **Answer any other TWO questions FROM SECTION TWO**

SECTION A - COMPULSORY QUESTION (20 MARKS)

QUESTION 1

- a) Explain one reason that qualifies Psychology as a science (2 marks)
- b) Describe three functions of neurotransmitters in the brain (3 marks)
- c) Outline three categories of personality assessment (3 marks)
- d) Illustrate four basic goals of Psychology (4 marks)
- e) Demonstrate how the principle of forgiveness is a similarity between Christianity and Psychology (4 marks)
- f) Explain two functions of emotions in our daily lives (4 marks)

SECTION B: ANSWER ANY OTHER TWO QUESTIONS FROM THIS SECTION

QUESTION 2

- a) Describe two substances that can put one in an altered state of consciousness (4 marks)
- b) Discuss the three stages of Non-REM sleep (6 marks).

QUESTION 3

- a) Explain any two theories that guide psychologists in understanding the roots of emotions (4 Marks).
- a) Discuss the following three personality traits as described in the Five-Factor trait theory of personality.
 - i) Openness (2 marks).
 - ii) Conscientiousness (2 marks).
 - iii) Extroversion (2 marks).

QUESTION 4

- a) Differentiate between personality trait and personality state (2 marks).
- b) Describe how you can apply the following Psychological views in explaining Marijuana abuse as a human behavior
 - i) Biological (2 marks)
 - ii) Psychodynamic (2 marks)
 - iii) Behavioral (2 marks).
 - iv) Cognitive (2 marks).

QUESTION 5

- a) Describe two hormones that can influence the behavior of adolescents (4 marks).
- b) Discuss the first three hierarchies of need in Marslow's Need Hierarchy theory of Motivation (6 marks)