



DIPLOMA IN COUNSELLING PSYCHOLOGY

SEPTEMBER-NOVEMBER 2017 EXAMINATION (3 HRS)

COD 1133 INTRODUCTION TO PSYCHOLOGY

ROYSAMBU CAMPUS

DATE:

INSTRUCTIONS

Answer **ALL questions** in **section one** and **any TWO questions** in **section two**

Write your **student number** on the answer booklet.

Read all the questions carefully before attempting.

SECTION ONE- Answer ALL questions

1. (a) Define the following terms:

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|------------------|---------|
| i) Psychology | (2 mks) |
| ii) Organism | (2 mks) |
| iii) Personality | (2 mks) |
| iv) Behaviour | (2 mks) |
| v) Hypothesis | (2 mks) |

(b) Describe

- | | |
|---|---------|
| i) Any two aspects of science of psychology. | (4 mks) |
| ii) The relationship between motivation and behaviour. | (4 mks) |
| iii) The relationship between unconscious mind and behaviour. | (4 mks) |
| iv) Any two factors of a good therapeutic atmosphere. | (4 mks) |
| v) The relationship between brain and behaviour. | (4 mks) |

SECTION TWO

Answer ANY TWO Questions

2.
 - i) Explain how external focus of evaluation affects a person's self concept. (3 mks)
 - ii) Discuss three characteristics of a good counsellor. (6 mks)
 - iii) Describe any two goals of person centered therapy. (6 mks)
3.
 - i) Discuss the following structure of personality:
 - (a) Id (4 mks)
 - (b) Superego (4 mks)
 - (c) Ego (4 mks)
 - ii) Outline any three goals of psychoanalytic counseling. (3 mks)
4.
 - i) Identify three ways behavior can be maintained. (3 mks)
 - ii) Describe three ways in which behavior can be developed. (6mks)
 - iii) Explore three goals of behavioral therapy. (6 mks)
5.
 - i) Identify any three risky factors to a child's brain development. (3 mks)
 - ii) Science of psychology views good behaviour as related to good brain. Justify this statement. (6 mks)
 - iii) Describe three areas that a client can encounter problems in his/her life. (6 mks)