



PAN AFRICA CHRISTIAN UNIVERSITY

END OF SEMESTER EXAMINATION FOR DIPLOMA IN COUNSELING

MAY-AUGUST 2021

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COD 105

COURSE TITLE: CHILD GROWTH AND DEVELOPMENT

EXAM DATE: 2/8/ 2021

TIME: 2:30 pm – 5:30pm

INSTRUCTIONS

- Read all questions carefully before attempting.
- Write your **student number** on the answer booklet provided.
- Answer **ALL** questions in **Section A** and **ANY** other **TWO** from **Section B**

SECTION A – Answer all Questions (20 marks)

QUESTION ONE

Explain two reasons why counselors should study human growth and development (2 marks)

- a) Compare and contrast growth and development. (4 marks)
- b) Describe two agents of social development. (4marks)
- c) Read the following case study and answer the question that follow.

Jane is a career woman while Mike is a business man. Due to their busy schedules they hired a house help to take care of their daughter Maria who is currently three years old. The house help complains that Maria is troublesome, she cries too much unnecessarily and is a poor feeder. She often leaves her alone in the house as she goes to gossip with other house helps. She pours Maria's food many times when she refuses to eat and consumes her fruits. She subjects Maria to beating any time she cries or when she "causes trouble" and warns her not to disclose to her parents. When she runs to the mother after work she pushes her away claiming she is tired. Lately the couple has noted that Maria is detached, has lost weight, fearful, looks unhappy and has been falling sick. They decide to seek counseling services.

- a) Describe any two causes of Maria's problems. (4 marks)
- b) Using Maslow's theory, describe three ways in which you would sensitize Maria's parents in navigating their problem. (6marks)

SECTION B: Answer any two (20 marks)

QUESTION TWO

- a) Using illustrations explain any two research methods used to study human growth and development. (4 marks)
- b) Discuss three factors that influence moral development. (6 marks)

QUESTION THREE

- a) Describe 4 factors that affect prenatal development. (4 marks)
- b) Discuss three problems that may occur during birth and their effects on the child. (6marks)

QUESTION FOUR

- a) Discuss four factors that enhance cognitive development in children. (4Marks)
- b) Analyze three concepts of Bandula's social learning theory in relation to child development. (6 marks)

QUESTION FIVE

- a) Using illustrations describe four functions of language. (4 marks)
- b) Discuss two types of attachment and their effects on child development. (6 marks)