



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
MASTER OF ARTS IN MARRIAGE AND FAMILY THERAPY**

JANUARY – APRIL 2018 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: MFT504

COURSE TITLE: MFT THEORIES II

EXAM DATE: TUESDAY 10th APRIL 2018

TIME: 2:00PM-5:00PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- This paper has Five questions
- **Question ONE is Compulsory.**
- Answer any other TWO questions from the choices provided.
- This exam is 30% of the final grade

QUESTION ONE: COMPULSORY

A Christian couple comes to you for therapy because nothing in their lives seems to work. Their struggles include: poor interactions in their marital relationship, finances, communication, sickness, poor performance and terrible behaviour of their children among others. They lament of the bad prophecy they had received from their former bishop in a church they attended when they were newly married. They were unable to buy him a car he had requested that was beyond their ability. The husband boils up in the mention from the wife of letting go of the ancestral and inherited land and buy the bishop the said car. Furthermore, both were part of his church leadership, had contributed hugely in church projects beyond tithing and offerings.

- a) In a paragraph, describe how you would assess in TWO (2) ways the couple's issues using cognitive behavioral MFT. **(2 Marks)**
- b) Outline TWO (2) specific goals for therapy in the case at hand. **(2 Marks)**
- c) Underscore and explain THREE (3) cognitive-behavioral interventions you would use working with the said couple. **(6 Marks).**

QUESTION TWO

- a) Discuss at least THREE (3) areas that makes collaborative MFT applicable to all other theories. **(6 Marks)**
- b) Stipulate TWO (2) distinctive features of collaborative MFT. **(4 Marks)**

QUESTION THREE

- a) Explain with examples THREE (3) characteristics of well formulated goals as stipulated in the solution focused model. **(6 Marks)**
- b) Explain the importance of taking a "break and reconvening" in solution focused therapy. **(4 Marks)**

QUESTION FOUR

- a) Describe precisely the importance of : "community of support", "deconstruction "and re-authoring" in narrative therapy. **(6 Marks)**
- b) Articulate TWO (2) ways how culture is peculiar in narrative therapy. **(4 Marks)**

QUESTION FIVE

- a) Differentiate in TWO (2) ways how empathy is used in Cognitive Behavioral Marriage Therapy and collaborative model. **(5 Marks)**

b) Articulate your choice of a post modern model and underscore at least TWO (2) principles that make you choose the said model. **(5Marks)**