

PAN AFRICA CHRISTIAN UNIVERSITY

MASTERS IN MARRIAGE AND FAMILY THERAPY

END OF TERM EXAMINATION-ONLINE

DEPARTMENT: PSYCHOLOGY

COURSE CODE: MFT 504

COURSE TITLE: THEORIES II

LECTURER: DR. ANNE WAMBUGU

EXAM DATE: April 2024

INSTRUCTIONS

- **Read all questions carefully before you attempt.**
- **Question ONE is Compulsory.**
- **Answer any other TWO questions from the choices provided.**

This exam is 40% of the final grade

1. A Christian family of 4; a husband (Boko) and wife (Biti) and their children (Beti aged 23) and the son (Boyo aged 20 years) come to you for therapy due to misunderstandings in the family. The couple cannot see each other eye to eye due to broken marital relationships,

illness, terrible behavior of their children, poor school report forms among others. The couple laments of horrible words spoken to them by their spiritual “dad” when they missed to give him a car during his golden birthday. Boko would want to deal with that issue by giving the “spiritual dad” a plot of land Biti inherited from her parents. Biti screams as that is the “family token.” Moreover, Boko’s word on bride prize had not been settled and Biti’s parents had died due to old age. The couple wonders if that could be the hindrance to their marriage and their children’s shameful university performance. Plus, the children do not see the need of being in the church any more since God is not helping the family. The kids complain of the time and the money the parents give to the said church as deacon members. Our family time is no longer a priority as mum and dad are always doing church things!” Boyo shouts. “Why go in the same church?” Screams Beti. “We are no longer children!” She yells in the therapy room.

- a) Conceptualize (4) therapeutic themes using CBFT in this case and justify each. **(4 Marks)**
- b) Stipulate (2) goals for therapy in the case at hand using CBFT. **(2Marks)**
- c) Establish (4) CBFT interventions applicable to work with this family. **(8Marks)**
- d) Identify (3) biblical/spiritual interventions for this case. **(6Marks)**

Answer Any Three Questions

- 2 a) Compare and contrast in (2) ways how “cure” and care” are used in the *Beautiful Risk*. **(6Marks)**
- b) Articulate (2) ways how culture is peculiar in narrative therapy. **(4 Marks)**
3. a) Describe with examples (3) types of clients as stipulated in the solution focused model. Give an example for each. **(6Marks)**
- b) Stipulate (2) distinctive features of collaborative therapy. **(4Marks)**
4. a) Explain (3) kinds of stories in narrative therapy. **(6 Marks)**
- b) Evaluate with examples at least (2) goals of therapy in solution focused therapy. **(4Marks)**
5. a) Distinguish in (2) ways how empathy is used in cognitive behavioral marriage therapy. **(4Marks)**
- b) Articulate one postmodern model and underscore at least (2) principles that make you choose the said model. **(6Marks)**