



PAN AFRICA CHRISTIAN UNIVERSITY

END OF TERM EXAMINATION (JANUARY TO APRIL 2021)

CAMPUS: ROYSAMBU

DEPARTMENT: COUNSELING PSYCHOLOGY

COURSE CODE COU1233

COURSE TITLE: INTRODUCTION TO PSYCHOLOGY

EXAM DATE: 7th APRIL 2021

TIME: 6.00 PM – 9.00 PM Three (3) HOURS

INSTRUCTIONS

- **Read all questions carefully before attempting.**
- **Question ONE IN SECTION A is Compulsory.**
- **Answer any other TWO questions FROM SECTION TWO**

SECTION A - COMPULSORY QUESTION (20 MARKS)
QUESTION 1

- a) Explain why Psychology is a science (2 marks)
- b) Outline four basic goals of Psychology (4 marks)
- c) Describe the three categories of personality assessment (3 marks)
- d) Explain the role of neurotransmitters in the brain (3 marks)
- e) Explain how the principle of forgiveness is a similarity between Christianity and Psychology (4 marks)
- f) Outline two functions of emotions in our daily lives (4 marks)

SECTION A: ANSWER ANY OTHER TWO QUESTIONS FROM THIS SECTION

QUESTION 2

- a) Describe two substances that can put one in an altered state of consciousness (4 marks)
- b) Discuss the three stages of Non-REM sleep (6 marks)

QUESTION 3

- a) Explain any two theories that explain the roots of emotions (4 Marks)
- a) Discuss three differences between Type A and Type B personalities (6 marks).

QUESTION 4

- a) Differentiate between personality trait and personality state (2 marks)
- b) Describe how you can apply the following Psychological views in explaining alcohol abuse as a human behavior
 - i) Behavioral (4 marks)
 - ii) Cognitive (4 marks)

QUESTION 5

- a) Explain how hunger as a biological drive can motivate the behavior of a child (1 mark)
- b) Describe one hormone that can influence the behavior of adolescents (4 marks)
- c) Discuss the five hierarchies of need in Marslow's Need Hierarchy theory of motivation (5 marks)