



PAN AFRICA CHRISTIAN UNIVERSITY

**END OF SEMESTER EXAMINATION FOR DIPLOMA IN
COUNSELLING PSYCHOLOGY**

SEPTEMBER - DECEMBER 2020

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COD 100

COURSE TITLE: HISTORY AND SYSTEMS IN PSYCHOLOGY

EXAM DATE: 8th DEC. 2020

TIME: 11:15AM – 13:15PM

INSTRUCTIONS:

- Read the instructions and questions carefully before you start the examination.
- Write your **student number**.
- This exam has SIX questions. Answer **QUESTION ONE** and any other **THREE** questions from section B.
- *Write clearly and legibly write your points in paragraphs.*
- *Time allowed: 2 hrs*
- *ALL PAC University's examination rules and regulations apply*

SECTION A: COMPULSORY (10 MARKS)

QUESTION 1

a) Explain the term Introspection (2 marks)

b) Discuss any contribution made to Psychology by the following scholars:

i) Wilhelm Wundt ii) Socrates (4 marks)

c) Examine any TWO reasons why one should study the History and systems of Psychology. (4 marks)

SECTION B: Answer any THREE questions from this section 10 Marks each.

QUESTION 2

a) Discuss any contribution of Charles Darwin to the growth of psychology. (2marks)

b) Analyze TWO major contributions Plato made to the growth of psychology (4marks)

c) Justify any TWO goals of scientific research. (4marks)

QUESTION 3

a) Explain the significance of the year 1879 in the history of psychology (2 marks)

b) Analyze TWO approaches to the development of Psychology. (4 marks)

c) Discuss the founder and the main concept of attachment theory. (4 marks)

QUESTION 4

a) Describe TWO sources of knowledge. (4 marks)

b) Discuss THREE controversies in Psychology that have spanned over the decades and continue to change over time. (6 marks)

QUESTION 5

a) Highlight FIVE steps of conducting scientific research. (5 marks)

b) Describe contributions of the following scholars during the Early Christian and Medieval Era to the growth of psychology:

i) St. Augustine ii) St. Thomas Aquinas (5 marks)

QUESTION 6

a) Differentiate between Psychoanalytic and Behaviorism school of thought. (4 marks)

b) Illustrate THREE ways in which the school of thought differed. (6marks)