



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR THE CERTIFICATE
OF ARTS IN COUNSELLING PSYCHOLOGY**

JANUARY- APRIL 2024 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COD100

COURSE TITLE: HISTORY AND SYSTEMS OF PSYCHOLOGY

EXAM DATE:

DURATION: 3 HOURS

TIME:

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- **Answer question 1 and any other TWO questions**
- *ALL PAC University's examination rules and regulations apply*

PART A COMPULSORY. ANSWER ALL QUESTIONS (20 Marks).

QUESTION 1.

- a) Discuss **two** points on the importance of history and systems of psychology as a course in counseling. (4marks)

- b) Explain **two** points on how the philosophical concept of empiricism relate to the scientific approach used in modern psychology (4marks).

- c) Discuss **two** ethical contributions of Francis Galton study of individual differences (4marks).

- d). Explain **two** ways on how Structuralist perspectives continue to inform research and practice in modern psychology (4marks)

- e). Explore **two** ways in which humanistic psychology emphasizes the importance of personal growth in understanding human behavior. (4marks)

SECTION B; ANSWER ANY TWO QUESTIONS (20Marks)

QUESTION 2.

- a). Imagine you are analyzing a character in a novel or film. Discuss **three** ways on how you may use Plato's framework of the mind to interpret the character's actions. (6marks)

- b). Explain **two** points from the above on how you would apply this perspective to your analysis (4marks)

QUESTION 3.

- a) Think about a moral dilemma you've encountered in your own life. Explain **three** ways on how St. Augustine's teachings on human sin may inform your understanding of the situation. (6marks)
- b) Explore **two** reasons on how St. Aquinas' emphasis on reason and natural law may guide your decision-making process in resolving the dilemma. (4marks)

QUESTION 4.

- a). Discuss **three** points on how a psychologist may apply humanistic concepts to support a client's journey towards self-acceptance. (6marks).
- b). Explain **two** ways on how clients can be assisted to identify and build upon their resilience, using humanistic principles to cultivate a positive self-concept. (4marks).

QUESTION 5.

- a). Explain **three** ways on how Christian beliefs about the sanctity of life influence ethical considerations in psychological research involving vulnerable populations (6marks).
- b). Outline **two** points on how Christian psychologists can ensure that their practice is respectful of diverse religious backgrounds while integrating faith-based perspectives into therapy. (4marks)