



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELING PSYCHOLOGY**

JANUARY – APRIL 2018 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU2313

COURSE TITLE: ABNORMAL PSYCHOLOGY

EXAM DATE: WEDNESDAY 11TH APRIL 2018

TIME: 5:30PM-7:30PM

INSTRUCTIONS

- This examination script consists of **Five (5)** questions.
- Read all questions carefully before attempting.
- Write your **student number** on the answer booklet provided.
- Answer **Question ONE** and any other **TWO** questions
- Question **one** carries **30** marks
- Question 2-5 carry **15** marks each

QUESTION 1: COMPULSORY

- a. Define the following terms:
 - i. Abnormal behavior (2 marks)
 - ii. Dissociation (2 marks)
 - iii. Obsessions (2 marks)
- b. Differentiate between anxiety and fear (4 marks)
- c. Distinguish between African traditional perspective and psychological (Behavioral) understanding of abnormal behavior. (8 marks)
- d. Using examples, discuss biblical intervention of abnormal behavior. (6 marks)
- e. Discuss the relationship between sociocultural factors and eating disorders. (6 marks)

QUESTION 2

- a. Describe the characteristics of major depressive disorder. (7 marks)
- b. State six items you would look for in assessing a client's suicide risk. (2 marks)
- c. Explain how a therapist may use systematic desensitization in treating a client with the phobia for spiders. (6 Marks)

QUESTION 3

- a. Describe the features of avoidant personality disorder (7 marks)
- b. Discuss the treatment approaches for a client suffering from premenstrual dysphoric disorder. (8 marks)

QUESTION 4

- a) Distinguish between stimulants and hallucinogens. (4 marks)
- b) Describe the three clusters of personality disorders. (6 marks)
- c) Evaluate the effectiveness of counseling in dealing with eating disorders (5 marks)

QUESTION 5

- a) Recommend how you would help a young parent with a child suffering from separation anxiety (5 marks)
- b) Describe the treatment approach of posttraumatic stress disorder using CBT approach. (10 marks)