



PAN AFRICA CHRISTIAN UNIVERSITY
MASTERS IN MARRIAGE AND FAMILY THERAPY
END OF TERM EXAMINATION-ONLINE (April 2025)

DEPARTMENT: PSYCHOLOGY

COURSE CODE: MFT 504

COURSE TITLE: THEORIES II

LECTURER: DR. ANNE WAMBUGU

EXAM DATE – April 2025

TIME: TWO (3) HOURS –

INSTRUCTIONS

- **Read all questions carefully before you attempt.**
- **Question ONE is Compulsory.**
- **Answer any other TWO questions from the choices provided.**

This exam is 40% of the final grade

SECTION A(COMPULSORY)

1. Jelly and Jewel, and their children (Joy aged 24 and son Joel aged 22 years) are Christians. They come to you for therapy because things are going out of their hands. Their issues include: marital relationships, sickness, poor school performance, and terrible behavior of their children among others. The couple laments of nasty words received from their spiritual “dad” when they missed to buy him a birthday car. Jewel would want to deal with that issue by giving the pastor a piece of land her husband got as an inheritance. The husband yells because the family portion cannot be given to a stranger. Besides, Jelly’s promise on bride prize had not been settled and two of the uncles to Jewel had recently died due to cancer. The couple worry if that could be the hindrance to their children’s negative university performance. “We do not want to be in the same church with dad and mum!” Shouts Joel. “Our parents are board members and spend all the time and money in the church as board members!” Joy screams. “Our family time; is no longer a thought as mum and dad give all our money and time to church matters!” Joy shouts. Joel leaves the session...

- a) Identify (4) other CBFT themes you conceptualize and justify each. **(4 Marks)**
- b) Specify (2) distinct goals for therapy in the case at hand using CBFT. **(2Marks)**
- c) Apply (4) CBFT interventions working with the said family. **(8Marks)**
- d) Categorize (3) Biblical integrations for this case. **(6Marks)**

Answer Any Two Questions

- 2. a) Distinguish in (2) ways how empathy is used in CBFT and collaborative model. **(4 Marks)**
 - b) Articulate (2) ways how culture is peculiar in Narrative Therapy. **(6 Marks)**
- 3. a) Explain with examples THREE (3) types of clients as stipulated in the solution focused model. Give an example for each. **(6Marks)**
 - b) Specify (2) distinctive features of collaborative therapy. **(4Marks)**
- 4. a) Describe (3) kinds of stories in narrative therapy. **(6 Marks)**
 - b) Analyze with examples at least TWO (2) goals of therapy in solution focused therapy. **(4Marks)**
- 5. a) Describe at least (2) areas that make collaborative theory applicable to all other theories. **(4Marks)**
 - b) Differentiate (3) distinctness between postmodern and modern theories. **(6 Marks)**