



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY**

SEPTEMBER-DECEMBER 2018 SEMESTER

CAMPUS: VALLEY ROAD

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU2133

COURSE TITLE: INTRODUCTION TO COUNSELING ETHICS

EXAM DATE: MONDAY 3RD DECEMBER 2018

DURATION: 3 HOURS

TIME: 5.30PM-8.30PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- **Answer ALL questions in Section A and any other Three questions from Section B**
- *Write clearly and legibly.*
- *ALL PAC University's examination rules and regulations apply*

SECTION A: (COMPULSORY – 40mks)

Question 1

- i. Define the following terms as used in counseling ethics
 - a) Morality (2mks)
 - b) Societal standards (2mks)
 - c) Informed consent (2mks)
 - d) Congruence (2mks)
- ii. A client can be a complex mix of many components.
 - a) List down any **THREE** components of a client (3mks)
 - b) Describe any **THREE** characteristics of a counselor as a therapeutic person (3mks)
 - c) Explain any **TWO** essential areas that counselors need to become self-aware to enhance effectiveness in their counseling practice (4mks)
- iii. Explain what each of the following questions mean to an upcoming counselor.
 - a) What are my motivations for becoming a counselor? (2mks)
 - b) Do I look to my clients to meet my needs to be appreciated? (2mks)
 - c) Do I feel inadequate when clients don't make progress and how does that affect my work? (2mks)
- iv. Ethics are important for any successful therapeutic relationship
 - a) Mention any **TWO** importance of code of ethics in therapy (4mks)
 - b) Describe any **THREE** ways through which counselors can protect themselves from ethical dilemmas (6mks)
 - c) Explain any **TWO** importance of personal therapy for a counselor (6mks)

SECTION B: (60mks) – Answer any **THREE questions**

Question 2. (20mks)

- a) Explain any **THREE** central ethical mandates for community-based practitioners (6mks).
- b) List down any **SIX** core values for counselors (6mks)
- c) Discuss any **THREE** ways in which counseling interplays with the law (9mks).

Question 3. (20mks)

- a) Illustrate any **FOUR** issues faced by beginning therapists (8mks).
- b) Highlight the **THREE** elements of professional competence (3mks)
- c) Discuss any **THREE** limits of confidentiality in counseling practice (9mks).

Question 4. (20mks)

Barriers exist to ethical decision making process due to either the agency that a counselor works for or within the counselor himself/herself.

- a) Outline any **TWO** barriers and limitations to ethical decision making. (6mks).
- b) Using examples, discuss any **THREE** moral ethical principles that guide ethical decision making in counseling practice (9Mks).
- c) Differentiate between assessment and diagnosis in counseling (4mks)

Question 5. (20mks)

- a) Illustrate any **FOUR** examples of non-sexual dual or multiple relationships (8mks)
- b) Discuss the **THREE** client rights in testing process (9mks).
- c) List down any **THREE** reasons why counseling profession emphasizes on ethics of diagnosis (3mks)