



PAC INSTITUTE OF TECHNOLOGY AND SOCIAL STUDIES JANUARY – APRIL 2025 ASSESSMENT

FORMATIVE ASSESSMENT

Qualification Code : 031306T4PSY

Qualification : COUNSELLING PSYCHOLOGY LEVEL 6

Code : PSY/OS/CO/CR/10/6

Unit of Competency : CHILD COUNSELLING

WRITTEN ASSESSMENT TIME: 3 HOURS

INSTRUCTIONS TO THE CANDIDATE:

- 1. Read all the instructions carefully before attempting the questions.*
- 2. Answer all questions in section A. In Section B, answer Question 11 (compulsory) and any other TWO questions.*
- 3. You are allowed 3 Hours to Answer the questions.*
- 4. Marks for each question are indicated in brackets.*
- 5. Write your responses in the Separate Answer booklet provided.*
- 6. Do not write anything on this question paper.*

SECTION A: (40 MARKS)

Answer ALL the questions in this section.

1. Preparation of a child counselling room is a key aspect to the therapeutic process. State any four tools that are needed in a child counselling room? (4 marks)
2. List any four characteristics of a conducive child counselling environment. (4 marks)
3. Identify any four contextual issues that a counsellor can encounter in a counselling session with a child. (4 marks)
4. State any three characteristics of a child between the ages of 2 and 4 years who is in the symbolic function sub-stage of the pre-operational stage, according to Jean Piaget's theory of cognitive development. (3 marks)
5. Identify any four counselling skills that would be used to establish rapport during child assessment process. (4 marks)
6. You have been asked to collect the bio-data of a 9 year old boy, state **any four** relevant pieces information you will get about them. (4 marks)
7. List any 4 assessment tools you are likely to use in providing child counselling. (4 marks)
8. Identify any 3 reflexes that are present in a child at birth (3 marks)
9. John and Mary have been having arguments in front of their 10-year-old son, Max, for a while now. This has in turn led to Max's poor academic performance and reported aggressive behaviour in school. Explain six signs that indicate parents' arguments are affecting a child. (6 marks)
10. Identify **four common** causes of trauma in children (4 marks)

SECTION B (60 Marks)

You are required to answer 3 questions. Question 11 is compulsory, select any other two questions to make three.

11. Lynn, age 10, was considered a disturbed, slow, resistant girl who had to be pushed into doing everything she was supposed to be doing. She rarely participated in any family activities and had no friends in her neighbourhood. Her school records listed such problems as regression, playing with much younger children, thumb sucking, day dreaming, soiling, bullying and slow paced in everything she does.

a. Based on your assessment, explain any two psychosexual stages which Lynn is experiencing as fixations. (4 Marks)

b. Identify three other psychosexual stages apart from the one named in (a) above (6 marks)

c. Explain any five psychoanalytic techniques you would apply in your counselling sessions with Lynn (10 marks)

12. a) Describe the stages of psychosocial development as stipulated by Erik Ekrison (16 marks)

b) Identify the two struggles experienced by children between ages indicated below if the stages in (a) are not well negotiated

i) 3-7 years (2 marks)

ii) 7-11 years (2 marks)

13.a. Explain any **five** ethical issues that a child counsellor ought to consider when providing child counselling. (10 marks)

c. Discuss five goals of clinical supervision to a counsellor/supervisee (10 marks)

14. Benin a 15 year old girl lost both her parents in 2020 due to covid-19 pandemic.

Since then, Benin has not been that jovial girl she used to be.

a) Discuss **FIVE** effects of loss to a child (10 marks)

b). What are the stages of loss and grief according to Kubler Ross (10 marks)