



PAN AFRICAN CHRISTIAN UNIVERSITY

DEPARTMENT OF PSYCHOLOGY

MFT 500 THEORIES I

SEMESTER FINAL EXAMINATION: SEP - DEC 2024:

LECTURER - DR. ANNE WAMBUGU

INSTRUCTIONS

- **Read all questions carefully before you attempt.**
- **Question ONE is Compulsory.**
- **Answer any other TWO questions from the choices provided.**

This exam is 40% of the final grade

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1. Discuss how you would do therapy with a family whose concerns are a model of the family in Gen 25:19-34; 27:1 - 46. **(Use a Bible)**. Choose one of the models studied this term to work with the said family. Areas to focus on:
 - a) Identify **FIVE** presenting issues and justify each with a statement. **10 Marks**
 - b) Use **FIVE** key concepts of the model you choose and indicate how you would help the family. **10 Marks**

2. a) Compare and contrast in **TWO** ways individual and systemic approaches in therapy. **5 Marks**
b) Explain with an example the term social constructionism. **5 Marks**
3. a) Explain (i) Emotional Fusion and (ii) Emotional Triangles. **5 Marks**
b) Describe in **TWO** ways the postmodern influence on family therapy. **5 Marks**
4. a) Discuss **TWO** ways how structural theory is useful in an African setting. **5 Marks**
b) Demonstrated **TWO** communication stances that people use to cope with their feelings under stress according to Satir. **5Marks**
5. Articulate the importance of the following in therapeutic work:
(Articulate in **TWO** ways for (a) & (b) and **ONE** way for (c))
- a) Object Relations **4Marks**
b) Genogram **4 Marks**
c) Collaboration **2Marks**

HAVE A MERRY CHRISTMAS AND BLESSED HOPES 2025!