



PAN AFRICA CHRISTIAN UNIVERSITY

MASTER OF ARTS IN MARRIAGE AND FAMILY THERAPY

**END OF TERM EXAMINATION (SEPTEMBER-DECEMBER
2016)**

CAMPUS: VALLEY ROAD

DEPARTMENT: PSYCHOLOGY

COURSE CODE: MFT506

COURSE TITLE: Spiritual Formation

EXAM DATE: FRIDAY 2nd, DECEMBER 2016

TIME: 5.30PM-8.30PM

INSTRUCTIONS

- Read all questions carefully before attempting.
- Write your **student number** on the answer booklet provided.
- **Answers question one and any other two.**

SECTION A: COMPULSORY

Question One

- a) Integrate the process of becoming human from a psychological and spiritual point of View (7 marks)
- b) Examine the relationship between spiritual formation and therapeutic change (7 marks)
- c) "Prayer is the most central of all spiritual disciplines." Examine the importance of prayer in the life of a Christ (6marks)

SECTION B

Question Two

- a) "Fear is the basis of exclusion." With the use of examples, discuss this statement. (10 marks)
- b) Examine the origin of fears according to Jean Vanier in his book "Becoming Human" (5 marks)

Question Three

- a) Examine the purpose of fasting in spiritual formation (5 marks)
- b) Analyze five acts of submission as a spiritual discipline (10marks)

Question Four

- a) Distinguish spiritual formation from religiosity (5 marks)
- b) "The process of spiritual shaping is a primal reality of human existence".

Discuss this statement in relation to spiritual formation.

(10marks)