



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY**

JANUARY-APRIL 2019 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: CDC116|COU1233

COURSE TITLE: INTRODUCTION TO PSYCHOLOGY

EXAM DATE: FRIDAY 12TH APRIL 2019

TIME: 9.00AM-12.00PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- This paper consists of **SEVEN questions**.
- Answer Question **ONE** and any other **THREE** questions
- *Write clearly and legibly.*
- *ALL PAC University's examination rules and regulations apply*

QUESTION ONE: COMPULSORY

A .Define the following terms

- | | |
|-----------------|---------|
| i. Anxiety | 2 Marks |
| ii. Motivation | 2 Marks |
| iii. Perception | 2 Marks |
| iv. Sensation | 2 Marks |
| v. frustration | 2 Marks |

B. Highlight TWO (2) elements of classical conditioning 4 Marks

D. Discuss advantages and disadvantages of naturalistic observation
in psychology 6 Marks

F. with examples demonstrate TWO (2) factors that cause frustration
in our lives 10 Marks

QUESTION TWO

- | | |
|---|---------|
| a. Discuss TWO (2) sources of frustrations | 4 Marks |
| b. Explain the FOUR (4) interrelated process that govern observation
learning according to Bandura | 8 Marks |
| c. Differentiate between extrinsic reinforcement and Intrinsic
reinforcement according to social learning theory | 8 Marks |

QUESTION THREE

- | | |
|---|---------|
| a. Explain the purpose of ego's defense mechanism | 2 Marks |
| b. Differentiate between the id and ego according Freud | 4 Marks |
| c. Explain the THREE (3) types of anxiety according to Freud | 6 Marks |
| d. Discuss any FOUR (4)stages psychosexual developmental stages | 8Marks |

QUESTION FOUR

- a. State FOUR (5) traits that are used to classify personalities according to Robert McCrae and Paul Costa 5 Marks
- b. Describe the strength of type B personality 5 Marks
- c. Discuss at length TWO (2) factors that influence personality development

10

Marks

QUESTION FIVE

- a. Highlight any FOUR(4) characteristic of self-actualized people according to Bandura 4 Marks
- b. Briefly describe the brief reduction theory 6 Marks
- c. With the help of a diagram illustrate Maslow hierarchy of needs 10 marks

QUESTION SIX

- a. Discuss characteristics of good intelligence Tests 6 Marks
- b. Conflict is the inability to decide on the next cause of action. With Examples explain the FOUR (4 types) of common conflict 8 Marks
- c. Discuss 3 factors that influence modeling according to Bandura 6 Marks

QUESTION SEVEN

- a. Discuss FOUR (4) benefits of studying psychology 4 Marks
- b. Distinguish THREE (3) characteristic of motivated behavior 6 Marks
- c. Compare and construct how psychology work with Christian counseling 10 Marks