



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR DIPLOMA IN
COUNSELLING PSYCHOLOGY**

JANUARY-APRIL 2019 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU 2113

COURSE TITLE: PSYCHODYNAMIC THEORIES

EXAM DATE: MONDAY 8th APRIL 2019

DURATION: 3 HOURS

TIME: 9:00AM-12:00PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- *Write clearly and legibly.*
- This question paper has FIVE questions.
- Answer **QUESTION ONE** and any other **TWO** questions from section B.
- *ALL PAC University's examination rules and regulations apply*

SECTION A. (Compulsory).The section carries 40 marks

QUESTION ONE

- a. In Freud's Psychoanalytic theory
- i. Describe the structure of personality development (6mks)
 - ii. Explain the two levels of awareness (4mks)
- b: i Explain in one paragraph the term non-directive as used in person centred theory (5mks)
- ii. Discuss what is meant by Empathic listening in client centred Theory (5mks)
- c .i. Illustrate the term classical conditioning in behaviorist theory (5mks)
- ii. Explain the term operant conditioning in behaviorist theory (5mks)
- d.i . Using examples discuss three of Abraham Maslow hierarchy of needs (6mks)
- ii. Briefly explain what Maslow meant by, "an individual is responsible for his/her destiny."

(4mks)

SECTION B (Answer any two question. Each question carries 30 marks)

QUESTION TWO

- a) Erick Erickson introduced the psychosocial stages of development; discuss any five of the stages (10mks).
- b) How can you use any three stages mentioned above to motivate the adolescents (6 mks).
- c) Discuss any five counselling techniques used in client centred therapy (10mks)
- d) Explain with the use of two examples the term congruence in person centred theory (4mks)

QUESTION THREE

- (a) Discuss any five psychosexual stages of development. (10 mks)
- (b) Describe three behaviors displayed by individuals who are fixated in the stages mentioned in a above. (6mks)
- (c) Discuss any four types of ego defense mechanism. (8mks)
- d) .Discuss any three relevance of social learning theory in the field of psychology. (6mks)

QUESTION FOUR

- a). Discuss four mediational processes in Albert Bandura's social learning theory . (8mks)
- b). Explain three key factors involved in reproducing behavior modeled for a child. (6mks)
- c). Discuss three factors that cause human behavior. (6mks)
- d). Using five examples from two theories learnt discuss how this course has impacted on you.

(10mks)

QUESTION FIVE

- a). Mention and explain three stages of separation- individuation process in Margaret Mahler's object relation theory. (6mks)
- b) With the use of four examples discuss any three ways in which birth order affect personality development (8mks)
- c). Discuss the term actualizing tendency in person-centred theory (4mks)
- d. In what ways are these terms applicable in your lives

 - (i). Inferiority feelings
 - ii). Compensation
 - iii). Superiority (6mks)

f).Describe three types of anxiety from Freud's theory of personality development (6mks)