



**PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE DIPLOMA IN COUNSELING
PSYCHOLOGY**

**MAY - AUGUST 2021 SEMESTER
COURSE CODE: COD108
COURSE TITLE: INTRODUCTION TO PROFESSIONAL ETHICS
EXAM DATE: 4TH AUGUST 2021
DURATION: 3 HOURS
TIME: 2.00 P.M**

INSTRUCTIONS:

- Read the instructions and questions carefully before you write the answers.
- This Exam has TWO SECTIONS.
- **SECTION A** is Compulsory.
- Answer any **TWO** questions in **SECTION B**

SECTION A : COMPULSORY (20 MARKS)

QUESTION ONE

- a) Describe one purpose of ethical guidelines in the counseling profession. (2 marks)
- b) Explain two causes of burn-out in the counseling profession. (4 Marks)
- c) Analyze any two ethical principles that govern handling of clients in a counseling relationship. (4 marks)
- d) Describe two ways through which a counselor may avoid imposing their values on clients. (4 Marks)
- e) Discuss any three steps involved in making ethical decisions. (6 Marks)

SECTION B : ANSWER ANY TWO (2) QUESTIONS

QUESTION TWO

Case study

A male client had been seeing a female counseling psychologist for several sessions to help deal with issues emanating from his separation with his wife. When sexual desires between him and the counselor emerged, both were unable to hold back and a sexual affair resulted. The counselor immediately terminated the therapy but did not make any referral recommendations, nor discussed with the client the termination process. The client was very upset with the counselor and demanded a refund of his fees.

- a) Discuss two ethical dilemmas in the case. (6 marks)
- b) Explain two actions that the counselor should have taken the moment she experienced feelings for her client (4 marks)

QUESTION THREE

- a) Explain two dual relationships in the counseling practice. (4 Marks)
- b) Identify any three sources of stress for helpers. (6 marks)

QUESTION FOUR

Case scenario

A 17 year old girl was referred to you for counseling by a friend. She explained that she was pregnant and was seeking your help to provide her with professional information that would enable her arrive at a decision, either to terminate the pregnancy through abortion or offer the child for adoption upon delivery.

- a) Explain how you would go about the case. (4 marks)
- b) State which other people (if any) you would involve in the case and why. (3 marks)
- c) Discuss how your Christian faith would influence your handling of the case. (3 marks)

QUESTION FIVE

- a) Explain two roles of supervision in the counseling profession. (4 marks)
- b) Demonstrate three competencies that a counselor should have in multicultural counseling. (6 Marks)