



PAN AFRICA CHRISTIAN UNIVERSITY
END OF TERM EXAMINATION (SEP TO DEC 2020)

CAMPUS: ROYSAMBU

DEPARTMENT: COUNSELING PSYCHOLOGY

COURSE CODE COU1233

COURSE TITLE: INTRODUCTION TO PSYCHOLOGY

EXAM DATE: 17TH DEC. 2020

TIME: 6.00-9.00PM - Three (3) HOURS

INSTRUCTIONS

- **Read all questions carefully before attempting.**
- **Write your student number on the answer booklet provided.**
- **Question ONE IN SECTION ONE is Compulsory.**
- **Answer any other THREE questions FROM SECTION TWO**

SECTION ONE - COMPULSORY QUESTION (10 Marks)

QUESTION 1

- a) Briefly explain and critique any two theories that explain the roots of emotions (4 Marks)
- b) Giving practical examples, discuss three main functions of emotions and how you can apply them in your daily life (6 marks)

SECTION TWO: ANSWER ANY OTHER THREE QUESTIONS FROM THIS SECTION (30 Marks)

QUESTION 2

Giving examples, describe the five main perspectives psychologists apply in explaining the basis of human behavior (10 marks)

QUESTION 3

- a) Describe two states of consciousness you are familiar with (2 marks)
- b) Discuss the four main stages of sleep and how one experiences these stages (8 marks)

QUESTION 4

Describe with examples, five theories that are applied in psychology to explain what motivates humans to behave the way they do (10 marks)

QUESTION 5

- a) Briefly explain two main ways that are applied to ensure that psychological tests are good. (4 Marks)
- b) Giving examples, describe three main types of personality tests (6 marks)