



PAN AFRICA CHRISTIAN UNIVERSITY

BACHELOR OF ARTS IN COUNSELING

END OF TERM EXAMINATION (DECEMBER 2019)

CAMPUS: Roysambu Day

DEPARTMENT: COUNSELING PSYCHOLOGY

COURSE CODE: COU 2213

COURSE TITLE: COGNITIVE & HUMANISTIC THEORIES

EXAM DATE: THURSDAY 5TH DECEMBER 2019

TIME: 2:00pm-4:00pm

INSTRUCTIONS

- Read all questions carefully before attempting.
- Write your **student number** on the answer booklet provided.
- **Answer ALL Questions in section A and any other THREE in section B.**

Section A: Answer all the questions (30mks)

1. a) Distinguish between personality and character. (4mks)
b) Discuss two ways in which Gordon Allport differed from Freud on personality. (6mks)
c) Distinguish between D-needs and B- needs. (4mks)
d) Compare personality development from both Maslow and Cattell's perspectives. (6mks)
e) Elaborate on the statement "people function in the same way scientists do." (4mks)
f) Critic Gordon Allport's view that "children are "unsocialized horrors" in view of Christian parenting. (6mks)

Section B: Answer any Three Questions (30Mks)

2. a) Describe any two of Abraham Maslow's hierarchy of human needs. (6mks).
b) Explain what is meant by a "peak experience" and give an example. (4mks).
3. a) Discuss the four of Raymond Cattell's personality assessment methods. (8mks).
b) Elaborate on Constructive Alternativism (2mks).
4. a) Explain any two of Gordon Allport's propiate functioning concepts. (8mks).
b) Critic clinical interviewing as a personality assessment tool. (2mks).
- 5 a) Elaborate on any three characteristics of a self-actualized person. (6mks).
b) Critic George Kelly's view of human nature. (4mks).
- 6 a) Discuss Raymond Cattell's development of a neurotic personality. (4mks).
b) Describe the personality represented by Cattell's QI- Q4 source factors. (6mks).