



SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF PSYCHOLOGY

**END OF SEMESTER EXAMINATION FOR THE MASTER OF ARTS IN
COUNSELING PSYCHOLOGY**

JANUARY – APRIL 2021 TRIMESTER

CAMPUS: ONLINE EXMINATION

COURSE CODE: MCP 501

COURSE TITLE: FUNDAMENTALS OF COUNSELING PSYCHOLOGY

EXAM DATE: APRIL 6TH 2021

DURATION: 3 HOURS

TIME: 6PM to 9PM

INSTRUCTIONS

Read the instructions and questions carefully before you write the answers.

Write your STUDENT NUMBER in the Answer Booklet given

This Exam has TWO SECTIONS

SECTION ONE is Compulsory.

SECTION TWO *Choose Any TWO Questions*

Write clearly and legibly.

SECTION ONE

QUESTION ONE

- a) Discuss in details three (3) characteristics of effective counselors. (6 Marks)
- b) Citing relevant examples, analyze two (2) roles of Counseling Psychologists. (4 Marks)

SECTION TWO

QUESTION TWO

- a) Discuss two (2) functions of theories in the counseling process. (4 Marks)
- b) Critically analyze the three core conditions of a therapeutic environment according to Person Centered theory. (6 Marks)

QUESTION THREE

- a) Analyze two special features of the counseling relationship. (4 Marks)
- b) Describe three (3) nonverbal skills in the counseling relationship. (6 Marks)

QUESTION FOUR

- a) Critically analyze the first three (3) stages of the counseling process. (6 Marks)
- b) Discuss two (2) initiatives that counselors can engage in for self-care. (4 Marks)

QUESTION FIVE

- a) Analyze three (3) ethical and professional issues in the counseling profession. (6marks)
- b) Discuss in details the significance of professional development for Counseling Psychologists. (4 marks)