

FINAL EXAMINATION

COU 1323: HUMAN GROWTH AND DEVELOPMENT

INSTRUCTOR: ONG'ARE GEORGE

TIME: 3HOURS

Answer **ALL** questions in **SECTION A** and any other **TWO** questions in **SECTION B**. Each question carries 10 points for total of 40marks.

SECTION A: COMPULSARY Questions (20mks)

1) Questions 1.

- a) Giving examples explain the following terms as used in child growth and development.
 - i. Growth (2mks)
 - ii. Prenatal Development (2mks)
 - iii. Development (2mks)
- b) Explain four characteristics of human development. (4mks)
- c) Discuss the three essential areas of growth and development in humans giving relevant examples of each. (6mks)
- d) As a counselor, you have been invited to a health clinic within your community to psycho-educate expectant mothers on child growth and development. During the health talk, you noticed that some mothers were sharing on some behaviors that might endanger their fetal development. Explore at least two risky behaviors that expectant mothers can have that would endanger the life of their unborn babies. (4mks)

SECTION B: Choose ANY TWO questions

Question 2

- a) Mary is a 6 years old girl who loves playing soccer and singing. Using nature and nurture debate, discuss what could have influenced Mary's behavior. (4mks).
- b) Discuss the three stages of prenatal development (6mks)

Question 3

- a) Examine four importance of play in a child's growth and development. (4mks)
- b) Discuss three main factors that influence middle child's health and wellness. (6mks)

Question 4

- a) Adolescence often refers to new levels of emotional variability, moodiness, and emotional outburst, explore two reasons that justify this statement. (4mks)
- b) Explain three factors that influence adolescents thinking and creativity in the contemporary society. (6mks)

Question 5

- a) A dying person mentally and emotionally goes through 5 stages, explain at least four of these stages according to Kubler-Ross model. (4mks).
- b) Providing an example of each, explore at least three cognitive developments that happen during the late adulthood stage of human growth and development. (6mks)