



PAN AFRICA CHRISTIAN UNIVERSITY

END OF TERM EXAMINATION (MAY TO AUGUST 2020)

CAMPUS: ROYSAMBU

DEPARTMENT: COUNSELING PSYCHOLOGY

COURSE CODE CCO1133

COURSE TITLE: INTRODUCTION TO PSYCHOLOGY

EXAM DATE: 18th AUGUST 2020

TIME: 2.30 PM – 5.30 PM Three (3) HOURS

INSTRUCTIONS

- **Read all questions carefully before attempting.**
- **Write your student number on the answer booklet provided.**
- **Question ONE IN SECTION ONE is Compulsory.**
- **Answer any other THREE questions FROM SECTION TWO**

SECTION ONE - COMPULSORY QUESTION
QUESTION 1

- a) Explain any two philosophical assumptions that need to be taken into consideration when discussing personality theories (4 marks)
- b) Describe the three broad categories used to classify theories of personality (6 marks)

SECTION TWO: ANSWER ANY OTHER THREE QUESTIONS FROM THIS SECTION

QUESTION 2

Discuss the five main psychological views applied in explaining the basis of human behavior (10 marks)

QUESTION 3

- a) Describe the states of consciousness you are familiar with (2 marks)
- b) Discuss the stages of sleep (8 marks)

QUESTION 4

Describe five theories of motivation in humans.

QUESTION 5

Briefly explain any two theories that explain the roots of emotions (4 Marks)
Discuss three main functions of emotions and how you can apply them in your daily life (6 marks)



PAN AFRICA CHRISTIAN UNIVERSITY

**END OF SEMESTER EXAMINATION FOR DIPLOMA IN
COUNSELLING PSYCHOLOGY**

MAY - AUGUST 2020

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: CCOU0123

COURSE TITLE: DEVIANCE AND REHABILITATION

EXAM DATE: 25TH AUGUST 2020

TIME: 11:15AM

INSTRUCTIONS:

- Read the instructions and questions carefully before you start the examination.
- Write your **student number**.
- This exam has SIX questions. Answer **QUESTION ONE** and any other **THREE questions from section B**.
- *Write clearly and legibly, arrange your points in paragraphs.*
- *Time allowed: 2 hrs*

- *ALL PAC University's examination rules and regulations apply*

SECTION A: COMPULSORY (10 MARKS)

QUESTION 1

a) Define the following terms:

i) Deviance. (2marks)

ii) Psychoactive drugs. (2 marks)

b) Differentiate between Hard labelling and Soft Labelling. (2 marks)

c) Briefly describe Social Strain Theory by Robert Merton. (2 marks)

d) Highlight any TWO Traditional Methods of social control. (2 marks)

SECTION B: Answer any THREE questions from this section 10 Marks each.

QUESTION 2

a) Describe TWO types of Deviant behavior using examples. (4marks)

b) Explain any THREE treatment options for Paraphilic disorder. (6marks)

QUESTION 3

a) Differentiate between Drug abuse and Drug dependency. (4marks)

b) Discuss THREE main causes of deviant behavior. (6marks)

QUESTION 4

a) Are criminals made or born? Discuss. (4marks)

b) Describe THREE ways one can identify if a young person might be abusing drugs. (6marks)

QUESTION 5

a) Examine any TWO keys ways of Social Control. (4marks)

b) Describe THREE types of violence. (6marks)

QUESTION 6

a) Highlight FOUR ways of administering drugs. (4marks)

b) Analyze any THREE ways people adapt in Social Strain Theory.

(6marks)



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**END OF SEMESTER EXAMINATION FOR DIPLOMA IN
COUNSELLING PSYCHOLOGY**

MAY - AUGUST 2020

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: CCOU0119

**COURSE TITLE: INTRODUCTION TO THEORIES OF
PERSONALITY**

EXAM DATE: 24TH AUGUST 2020

TIME: 2:30PM

INSTRUCTIONS:

- Read the instructions and questions carefully before you start the examination.
- Write your **student number**.

- This exam has SIX questions. Answer **QUESTION ONE** and any other **THREE questions from section B.**
- *Write clearly and legibly write your points in paragraphs.*
- *Time allowed: 2 hrs*
- *ALL PAC University's examination rules and regulations apply*

SECTION A: COMPULSORY (10 MARKS)

QUESTION 1

a) Define the following terms:

i) Personality. (2 marks)

ii) Personal construct by George Kelly (2marks)

iii) Birth order according Alfred Adler. (2marks)

b) Analyze the main idea of Psychoanalysis according to Sigmund Freud. (2marks)

c) Demonstrate Learned helplessness using an example. (2marks)

SECTION B: Answer any THREE questions from this section 10 Marks each.

QUESTION 2

a) Demonstrate how the following stages according Erikson may affect one's personality:

i) Identity vs Role confusion (2marks)

ii) Intimacy vs Isolation (2marks)

b) Examine THREE characteristics of an Internally controlled individual. (6marks)

QUESTION 3

a) Define the following terms:

i) Theory (2marks)

ii) Free association according Sigmund Freud. (2marks)

b) Analyze THREE ways behavior can be predicted. (6marks)

QUESTION 4

- a) Show FIVE ways Maslow described how people satisfy various personal needs. (5marks)
- b) Highlight FIVE ideas of the Individual Psychology by Alfred Adler. (5marks)

QUESTION 5

- a) Differentiate between Internal and External Locus of control. (4marks)
- b) Analyze the Structure of personality according to Sigmund Freud. (6marks)

QUESTION 6

- a) Differentiate between Positive Reinforcement and Negative Reinforcement. (4marks)
- b) Examine THREE traits of sensation seeking. (6marks)



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**END OF SEMESTER EXAMINATION FOR DIPLOMA IN
COUNSELLING PSYCHOLOGY**

MAY - AUGUST 2020

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: CCOU0114

**COURSE TITLE: INTRODUCTION TO COUNSELLING
PSYCHOLOGY**

EXAM DATE: 26TH AUGUST 2020

TIME: 2:30PM

INSTRUCTIONS:

Read the instructions and questions carefully before you start the examination.

- Write your **student number**.
- This exam has SIX questions. Answer **QUESTION ONE** and any other **THREE questions from section B**.
- *Write clearly and legibly write your points in paragraphs.*
- *Time allowed: 2 hrs*
- *ALL PAC University's examination rules and regulations apply*

SECTION A: COMPULSORY (10 MARKS)

QUESTION 1

a) Explain the following terms:

i) Confidentiality (2marks)

ii) Immediacy (2marks)

b) Differentiate between counselling and Psychotherapy. (2marks)

c) List any TWO effective ways of terminating a session. (2 marks)

d) Demonstrate the importance of challenging as a skill. (2marks)

SECTION B: Answer any THREE questions from this section 10 Marks each.

QUESTION 2

a) Discuss any TWO key assumptions of counselling. (4marks)

b) Analyze any THREE limits to confidentiality. (6marks)

QUESTION 3

a) Highlight FOUR points of what counselling is NOT. (4marks)

b) Illustrate any THREE ways a counselor can build rapport with a client. (6marks)

QUESTION 4

a) Compare and contrast between transference and countertransference (4 marks)

b) Discuss any THREE types of counselling. (6 marks)

QUESTION 5

a) Highlight the FIVE steps of counselling. (5marks)

b) Identify FIVE reasons for terminating a session with a client. (5marks)

QUESTION 6

a) Demonstrate TWO ways people were helped to deal with difficulties in your community. (4marks)

b) Examine THREE characteristics of an effective counsellor. (6marks)