



PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE DEGREE OF BACHELOR OF ARTS
COUNSELLING PSYCHOLOGY
MAY -AUGUST 2023

CAMPUS: ONLINE

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU2313

COURSE TITLE: ABNORMAL PSYCHOLOGY

EXAM DATE:

TIME:

INSTRUCTIONS

- Read all questions carefully before answering.
- Write your **student number** on the space provided.
- Answer **ALL** questions in **Section A** and **ANY** other **TWO** from **Section B**

SECTION A: Answer all Questions (20 marks)

QUESTION ONE

- a) Discuss abnormality from the following perspectives
- i) Religion (2 Marks)
 - ii) Hippocrates. (2 Marks).
 - iii) Cognitive Behavioral theory. (3 Marks)
 - iv) Psychodynamic theory. (3 Marks)
- b) Describe two differences between the medical and the biological perspectives of abnormality. (2 Marks)
- c) Analyze four ways that you would ascertain that a client's behavior is abnormal. (8 Marks)

SECTION B: Answer any two questions in this session (20 marks)

QUESTION TWO

Johnnie a 10-year-old was referred to therapy by his class teacher, because he cannot sit still in class and does not follow the teachers' instructions.

- a) Identify Johnnie's diagnosis. (1 Mark).
- b) Describe three other symptoms that you would look for to confirm the diagnoses. (3 Marks).
- c) Evaluate any three factors that could have caused this diagnosis. (3 Marks)
- d) Articulate three ways that you would recommend for the teacher to help Johnnie at school. (3 Marks).

QUESTION THREE

Stanley has been referred to you by a psychiatrist. The primary complaint is that he has been hearing voices telling him to save the world. He believes he is the Messiah.

- i) State the possible diagnosis from the above case study. (1 Marks)

- ii) Discuss four other symptoms you will be looking for to confirm this diagnosis. (4 Marks)
- iii) Explain ways you could help Stanley and his family cope with this disorder. (5 Marks)

QUESTION FOUR

- i) Differentiate between an obsession and a compulsion giving relevant examples. (2 Marks).
- ii) Illustrate four examples of obsessions and their resultant compulsions. (8 Marks).

QUESTION FIVE

Maya a 32 years old woman comes for therapy because she has intrusive and frightening memories of an event, she experienced some time back. She has terrible nightmares that wake her up in the middle of the night scared and screaming. She is afraid of doing certain things and going to certain places.

- a) Identify Maya's diagnosis. (1Mark)
- b) Explain two ways Maya could have been predisposed to this disorder (2 Marks)
- c) Describe three other symptoms of this disorder. (3 Marks)
- d) Analyze the treatment options for Maya (4 Marks)