



PAN AFRICA CHRISTIAN UNIVERSITY
END OF SEMESTER EXAMINATION FOR THE DIPLOMA IN
COUNSELING PSYCHOLOGY

MAY-AUGUST 2025

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COD 103

COURSE TITLE: PSYCHODYNAMIC THEORIES

EXAM DATE:

TIME:

INSTRUCTIONS

- Read all questions carefully before attempting.
- Write your **student number** on the answer booklet provided.
- Answer **ALL** questions in Section A and **ANY** two in Section B

Section A: Compulsory; attempt ALL questions (20 Marks)

Question 1

- a) Define the following terms:-
- i. Free association. (2 marks)
 - ii. Observational learning. (2 marks)
 - iii. Fictional finalism. (2 marks)
 - iv. Personality. (2 marks)
- b) Explain any two goals of psychodynamic theories. (2 marks)
- c) Explain any **two** weaknesses of psychodynamic theories. (2 marks)
- d) Differentiate between free-will and determinism. (2 marks)
- e) Describe and give examples on three ego defense mechanism. (6 marks).

Section B: Attempt Two questions from this section (10 Marks each)

Question 2

- a) Describe the process of achieving a healthy personality according to Carl Jung. (2 marks)
- b) Explain Jung's principle of personal and collective unconsciousness. (4 marks)
- c) Differentiate the following concepts of opposites in Carl Jung's Analytical theory - Anima and animus. (4 marks)

Question 3

- (a) Demonstrate how Alfred Adler's birth order concept can affect personality development of: First born child and middle child. (4 marks)
- (b)) Explain any two levels of hierarchy of needs theory (4 marks).
- (c) Distinguish between positive reinforcement and punishment. (2 marks)

Question 4

- a) Critique Anna Freud's focus on child psychoanalysis theory. (2 marks)
- b) In Freudian Theory, human personality is comprised of the id and the ego. Discuss. (4 marks)

c) According to Freudian Theory, Behavior is motivated by two instinctual drives (Eros and Thanatos), Justify. (4 marks)

Questions 5

Marc is often frustrated and angry, but most of the time he keeps his feelings under control. One day, during a meeting at work, Marc stormed out of the room and kicked the drinks machine so hard that the glass screen broke.

a) Discuss **two** ways a psychodynamic psychologist might explain Marc's behaviour. (4 marks)

b) Explain **two** ways a social learning psychologist might explain violent behaviour such as that shown by Marc. (4 marks).