

PAN AFRICA CHRISTIAN UNIVERSITY

**MASTERS IN MARRIAGE AND FAMILY THERAPY
END OF TERM EXAMINATION-ONLINE (April 2022)**

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: MFT 504

COURSE TITLE: THEORIES II

LECTURER: DR. ANNE WAMBUGU

EXAM DATE: Thursday 7TH April 2022

TIME: 5.30 – 8:30P.M

INSTRUCTIONS

- **Read all questions carefully before you attempt.**
- **Question ONE is Compulsory.**
- **Answer any other THREE questions from the choices provided.**

This exam is 40% of the final grade

1. A Christian family of 4; a husband (Becko) and wife (Beti) and their children (Bev aged 23) and the son (Boy aged 20 years) come to you for therapy due to misunderstandings in the family. The couple cannot see each other eye to eye due to broken marital relationships, illness, terrible behavior of their children, poor school report forms among others. The couple laments of horrible words spoken to them by their spiritual “dad” when they missed to give him a car during his 60th birthday. Becko would want to deal with that issue by giving the “spiritual dad” a plot of land Beti inherited from her parents. Beti screams because the family portion cannot be given to a stranger. Moreover, Becko’s word on bride prize had not been settled and Beti’s parents had died due to Covid -19 virus. The couple wonders if that could be the hindrance to their marriage and their children’s negative university performance. Plus, the children do not see the need of being in the church any more since God is not helping the family. The kids complain of the time and the money the parents give to the said church as deacon members. Our holiday time is no longer a thought as mum and dad are always doing church things!” Boy shouts. “Why go in the same church?” Screams Bev. “We are grownups!” She yells in the therapy room.

- a) Identify TWO (2) themes you conceptualize using CBFT and give justification for each. **(2 Marks)**
- b) Specify TWO (2) distinct goals for therapy in the case at hand using CBFT. **(2Marks)**
- c) Deliberate THREE (3) CBFT interventions you would use working with the said family.

(6Marks). Answer Any Three Questions

- 2. a) Describe at least THREE (3) areas that make collaborative theory applicable to all other theories. **(6Marks)**
 - b) Articulate TWO (2) ways how culture is peculiar in narrative therapy. **(4 Marks)**
- 3. a) Explain with examples THREE (3) types of clients as stipulated in the solution focused model. Give an example for each. **(6Marks)**
 - b) Stipulate TWO (2) distinctive features of collaborative therapy. **(4Marks)**
- 4. a) Describe THREE (3) kinds of stories in narrative therapy. **(6 Marks)**
 - b) Analyze with examples at least TWO (2) goals of therapy in solution focused therapy. **(4Marks)**
- 5. a) Distinguish in TWO (2) ways how empathy is used in cognitive behavioral marriage therapy. **(5Marks)**
 - b) Articulate one postmodern model and underscore at least TWO (2) principles that make you choose the said model. **(5Marks)**

