



**PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE DEGREE OF BACHELOR OF ARTS IN
COUNSELLING PSYCHOLOGY
MAY-AUGUST, 2022**

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU 2113

COURSE TITLE: PSYCHODYNAMIC PERSONALITY THEORIES

EXAM DATE: THURSDAY, 27TH, JULY, 2022

TIME: 6.00 P.M. – 8.00 P.M.

INSTRUCTIONS

- This examination script consists of **Five (5)** questions.
- Read all questions carefully before attempting.
- Answer **Question ONE (Compulsory)** and any other **TWO** questions from **SECTION B**
- Question **one** carries **20** marks
- Question 2-5 carry **10** marks each

SECTION A – ANSWER ALL QUESTIONS IN THIS SECTION (20 MARKS)

1. (i) With an example, explain the meaning of the following psychodynamic terms of counselling.
 - (a) Insight (2 marks)
 - (b) Private logic (2 marks)
 - (c) Personality (2 marks)
 - (d) Neurosis (2 marks)
 - (e) Philosophy (2 marks)
- (ii) Ms. Lonny (35 years old) has been referred to your Counselling Center by the Personnel Manager of Jadi Public Relations Company for psychological help. The manager's report describes her as verbally abusive and dislike team working. Your assessment indicate that she was given for adoption at birth because her mother was a teenager who could not take care of the her by then. She perceives the other people as unloving, and unkind to her. She harbours a lot of anxiety when alone and when relating with others and she prefers being alone. From this assessment:
 - (a) Determine **any two** key factors of psychoanalytic theory that would guide you in this therapy. (4 marks)
 - (b) Explain **any two** types of neurotic coping mechanisms that people like Lonny who suffer "real or perceived" societal rejection may develop as purported by Karen Horney. (4 marks)
 - (c) Discuss how your spiritual community can prevent teenage pregnancy in the society. (2 marks)

SECTION B: ANSWER ANY TWO QUESTIONS IN THIS SECTION (20 MARKS)

2. (a) Discuss the relationship between neurosis and life-social tasks. (10 marks)
3. (a) Explain the role of the family in development of individual's lifestyle as purported by Adlerian therapists. (2 mks)
- (b) Justify what Carl Jung meant by saying that mental health is determined by wholeness and unity. (4 marks)
- (c) Explain the difference between **being mode** and **having mode** in social psychology. (4 marks)
4. (a) Explain the meaning of the following terms:
 - (i) Individuation (2 marks)
 - (ii) Transcendence (2 marks)
 - (ii) Ego defense mechanism (2 marks)
- (b) Discuss **two roles** of primary caregiver in teenage identity formation as outlined by Erikson. (4 marks)
5. (a) Explain the impact of collective unconscious to an individual's ways of expression according to Jung. (2 marks)
- (b) Analyze any **two** principles of psychodynamic theories. (4 marks)
- (c) Discuss any **two** character orientations by Erich Fromm. (4 marks)