



PAN AFRICA CHRISTIAN UNIVERSITY

END OF SEMESTER EXAMINATION

COURSE CODE: COU 2213 – ONLINE CLASS

COURSE TITLE: Humanistic and Cognitive Personality Theories II

EXAM DATE: FRIDAY 31ST AUGUST 2018

TIME: 11AM

INSTRUCTIONS:

- This exam script has **5 questions**
- Answer question **ONE (COMPULSORY)** and any other **TWO** of your choice
- Write your **student number** on the answer booklet
- Read all questions carefully before attempting

SECTION A (COMPULSORY)

QUESTION ONE (COMPULSORY)

Read the Case study and then answer the questions that follow:

Smoking often begins in adolescence. According to researchers, as high as 33% of adult smokers start smoking before the age of 20 hence reducing adolescent smoking is essential. Totolo started smoking in high school when his classmates went for an outing to a girls' school. He was told by the friends that it will make him look manly and accepted by cute ladies.

World health organization 2013 reports that each year approximately 6 million die due to tobacco consumption of which 6,00,000 are dying due to in-direct expose to tobacco smoke. They forecast this number to go up to 8 million by 2030. Anti-tobacco activities should educate smokers about the risks inherit with cigarette smoking and motivate smokers to quit smoking.

- a. Identify any **FOUR** risks associated with cigarette smoking (4 marks)
- b. Explain any **THREE** ways the school-mates might have contributed to Totolo's smoking. (6 marks)
- c. Identify and discuss any **FOUR** prevention strategies that can be initiated to convince smokers to stop smoking. (8 marks)
- d. Describe how the following Murray's theory of needs may contribute to smoking:
 - a. Need for power
 - b. Need for affiliation
 - c. Need for achievement (6 marks)
- e. As a Christian counsellor, discuss any **THREE** ways the Bible contributes to why people should not smoke. (6 marks)

SECTION B (CHOOSE ANY TWO QUESTIONS)

QUESTION TWO

- a. Define the terms **subsidiation** according to Cattell (1 mark)
- b. Describe **THREE** ways to categorize traits according to Cattell. (6 marks)
- c. Explain any **TWO** characteristics that define a person. (4 marks)
- d. Differentiate between predictive validity and content validity. (4 marks)

QUESTION THREE

- a. Define the following terms according to Cattell
 - i. Traits (1 mark)
 - ii. Attitudes (1 mark)

- iii. self-sentiment (1 mark)
- b. Describe the concept of **dynamic lattice** according to Cattell? (2 marks)
- c. Differentiate between Surface Traits and Source Traits. (4 marks)
- d. Describe the any **THREE** stages of personality development according to Cattell (6 marks)

QUESTION FOUR

- a. Describe the concept of **construct** according to Kelly? (2 marks)
- b. Kelly's personal construct theory is presented in a scientific format, organized into a fundamental postulate and eleven corollaries.
 - i. Define the term **constructive alternativism** according to Kelly (2 marks)
 - ii. State the fundamental postulate (1 mark)
 - iii. Explain any **FIVE** corollaries. (10 marks)

QUESTION FIVE

- a. Describe the **THREE** personality types proposed by Eysenck. (6 marks)
- b. Identify the **FIVE** childhood stages of personality development, according to Murray? (5 marks)
- c. Explain any **TWO** parental behaviours that can influence the development of a child's need for achievement (4 marks)