



PAN AFRICA CHRISTIAN UNIVERSITY
MASTERS IN MARRIAGE AND FAMILY THERAPY
END OF TERM EXAMINATION-ONLINE
DEPARTMENT: PSYCHOLOGY
COURSE CODE: MFT 504
COURSE TITLE: THEORIES II
LECTURER: DR. ANNE WAMBUGU
EXAM DATE – August 2025
TIME: THREE (3) HOURS –

INSTRUCTIONS

- **Read all questions carefully before you attempt.**
- **Question ONE is Compulsory.**
- **Answer any other TWO questions from the choices provided.**

This exam is 40% of the final grade

1. A Christian family comes to you for therapy due to alarming issues. The sons: Koko aged 27, Kolo 25 and their daughter Kate 23 years, are all in university. The parents accuse the children for not attending to their local church any more since they joined institutions of higher learning. The children accuse the parents for taking control over their time, personal choices, including where to go for worship, their friends, clothing and much more. "Must we go to our dad and mum's church?" Shouts Koko. "Mum and Dad are leaders there and spend all the time and money in that church." Kolo screams. "Our family gatherings are no more!! Shouts Kolo. We are grown up

no longer babies...” Koko cries. The couple grumbles of uncontrollable kids and inability to tame them. The wife recalls of horrible prayers received from the ‘man of God’ who baptised their children. The couple had not also honored their pledge to buy their pastor a home. “I am tired of this unfinished business!” The wife screams and throws her hands up. She suggests they give the spiritual father one of their inherited home. The husband becomes shocked as the suggested home is an inheritance from his late father. He screams since the family gift cannot be given to a stranger. At the same time, the wife yells at the husband for not honoring the bride prize promised to her uncles during wedding negotiations. The wife cries of the behavior of Koko and Kolo as they had not been blessed by her uncles who had passed away during covid. The couple is deeply worried if that could be the interference to their children’s negative university success. “Are we cursed?” Asks the husband. “Where is God?” the husband continues. “We miss our holiday time!” Kate laments. “The church is given all our money!” Cries Kolo. In protest, the kids leave the session...

a) Conceptualize (4) therapeutic themes using CBFT in this case and justify each. **(4 Marks)**

b) Specify (2) goals for therapy in the case at hand using CBFT. **(2Marks)**

c) Establish (4) CBFT interventions applicable to work with this family. **(8Marks)**

d) Apply (3) biblical/spiritual integrations for this case. **(6Marks)**

Answer Any Two Questions

2 a) Compare and contrast in (2) ways the “cure” and care” in the *Beautiful Risk*. **(6Marks)**

b) Articulate (2) ways how culture is peculiar in narrative therapy. **(4 Marks)**

3 a) Describe with examples (3) types of clients as stipulated in the solution focused model. Give an example for each. **(6 Marks)**

b) Specify (2) distinct features of empathy in CBFT therapy. **(4Marks)**

4 a) Explain (3) kinds of stories in narrative therapy. **(6 Marks)**

b) Specify (2) distinct features of collaborative therapy. **(4Marks)**

5 a) Analyze with examples (2) goals of therapy in solution focused therapy. **(4Marks)**

b) Articulate your preferred postmodern model and in (3) principles of the theory, justify your choice. **(6Marks)**